



### Your Culpeper Extension Staff:

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#### Extension Agents:

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 Debbie Dillion, Horticulture Agent - ddillion@vt.edu  
 Carl Stafford, Agriculture Agent - ccstaffo@vt.edu  
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#### Program Assistants:

JoAnna Kilby, 4-H Youth Development - jilclark@vt.edu  
 Georgette Mosley, Family Nutrition Program, Youth - gyates@vt.edu  
 Brenda Watkevich, Family Nutrition Program, Adults - bwatkevi@vt.edu

The Culpeper Extension Office is located at 101 S. West Street, Culpeper, VA 22701 (Corner of West and Davis) Telephone: (540)727-3435. If you need assistive devices or services to participate call 540-727-3435, TDD 800-828-1120, 5 days prior to the event.

### 2015 EXTENSION SUMMER INTERNS

Carl Stafford, Extension Agent, Agriculture and Natural Resources

This summer interns are newly populated our community and its experiential learning opportunities, most of them with summer jobs relating to their field of study. Here in the Culpeper Extension office and in many other county units across the state, interns were busy at work. The Town of Culpeper hosted a number of interns who are learned by doing, in the departments. Local businesses offered internships to try out future employees and farmers also offered internship experiences.

Interns can count their experience as class credit or they can earn a paycheck and count their experience on their resume. Farm interns can learn some skills so they can start their own production. Employers who offered internship opportunities found they became acquainted with the next generation and gained knowledge of the skill set they offer.

In the local Extension office we had two interns, Jordan Hoffman, a senior Crop and Soil Environmental Science major at Virginia Tech, and Elizabeth Walker, a Junior Elementary Education major at Longwood University. Jordan was assigned to work with Horticulture Agent Debbie Dillion and me. An interesting experience for Jordan was to compare and contrast how two Agents do their jobs which provided contrasting examples she can use in making choices of her own. Elizabeth worked with our 4-H program under the leadership of Cristy Mosley, our 4-H Agent/Unit Coordinator and JoAnna Kilby, Program Support Assistant. Summer is camp and show time for 4-H. Summer classes also are a big push for our youth program and Elizabeth will find that her studies at Longwood will be complemented by the hands-on-learning 4-H provides.

For Extension interns this was a 10-week assignment. They are paid by the hour, and accountable for their time, travel and contacts. A report on their experience is also a common requirement – what did they learn? In the long run we hope to recruit new agents to Virginia Cooperative Extension. This is a way for us to try them out and for them to learn whether Extension work is



From left to right: Becky Sheffield, FCS agent, Summer interns: Elizabeth Walker and Jordan Hoffman, Cristy Mosley, 4-H agent, Debbie Dillion, Horticulture agent, Carl Stafford, Agriculture agent, Peter Callan, Farm Business Management agent

right for them. We will show the interns what we do and how we do it, the procedures and the policies to follow. The standards are high for us to fulfill our obligations to the citizens and to our funding partners.

Jordan was counted as a student working with the “Carver

Project”. The George Washington Carver Agriculture Research Center (GWCARC) is gearing up to deliver on our plan of work, which includes students learning-by-doing. Some other examples of practical learning include the many FFA members attending regional competitions at the school. Over the last two years, a Virginia Tech graduate student has gathered data from soybean research plots hosted by Battle Park Farms. Plant pathologist Dr. Hillary Mehl is leading this work. Jordan was involved in further development of the GWCARC website and in the feasibility study underway for the project. We look forward to more students in the future.

### 4-H YOUTH DEVELOPMENT

Cristy Mosley, Extension Agent, 4-H  
 JoAnna Kilby, 4-H Program Assistant

Since its humble beginnings more than 100 years ago, 4-H has grown to become the nation’s largest youth development organization. The 4-H idea is simple: help young people and their families gain the skills they need to be proactive forces in their communities and develop ideas for a more innovative economy. That idea was the catalyst to begin the 4-H movement, and those values continue today.

4-H is the youth development education program of Virginia Cooperative Extension. 4-H is rich with learning experiences where young people partner with caring adults and volunteers in a fellowship unlike any other program available to youth today. Through 4-H, young people are encouraged to participate in a variety of activities that emphasize 4-H's "learning by doing" philosophy of youth development.

Culpeper 4-H has been going strong and even though the agricultural roots have shifted, there are many youth and adults that bleed green. The 2014 4-H year has been one of our strongest yet, with almost 200 youth enrolled in clubs such as Swine, Horse, Dog, and Youth Shooting sports. 4-H wouldn't be as productive and beneficial without the tireless help of its volunteers. Last year's enrollment had over 40 adults who dedicated their time and efforts to encouraging Culpeper youth. Our in-school and after-school enrichment programs are thriving! Almost 3,200 students experienced exciting 4-H curriculums such as “Smart Choices for Smart Kids”, “Project Butterfly Wings”, “Embryology in the Classroom” and “How to Grow a Pizza” in the 2014-2015 school year. 4-H in Culpeper is a vibrant and productive community of strong and independent individuals who cherish yesterday, value today and dream for tomorrow!



**4-H Youth Development (continued)  
Developing Confident Leaders**



Standing for head, heart, hands, and health, 4-H uses more than a century of experience in youth development programming to build strong, confident leaders.

Young people in the 4-H community learn leadership, citizenship, and a vast array of life skills that benefit them for the rest of their lives. Through school-based, after-school, and

community clubs as well as camp settings, 4-H members pledge to build a better community, country, and world.

**Ready for the Future**

4-H participants are youth, ages 5 to 19, taking part in programs provided as the result of actions planned and initiated by Extension personnel in cooperation with volunteers. With a direct connection to research at Virginia's land-grant universities, Virginia Tech and Virginia State University, 4-H is the first experience many young people have with higher education. 4-H is characterized as being community-centered, volunteer-led, Extension-staff supervised, research-based, home- and family-oriented, publicly and privately funded, and responsible to change.

**Join Us**

Virginia 4-H welcomes you to get a glimpse of what 4-H is all about. Explore this website ([www.ext.vt.edu/offices/culpeper](http://www.ext.vt.edu/offices/culpeper)) to see what 4-H'ers are up to, or contact your local Extension office to find out how you can learn about all that 4-H has to offer.



Now that summer is winding down, we are so excited to be back in the classroom with all of our friends both young and young at heart and can't wait to introduce all that 4-H has to offer you in your classrooms and schools!

4-H offers an extremely wide variety of school enrichment curriculums that can be taught during school hours. All of our curriculums correlate with the Virginia SOL's and are designed to strengthen the student's knowledge of school subject matter areas, thus complementing what the school is teaching. Last year, JoAnna Kilby, 4-H Program Assistant, facilitated 4-H curriculums in more than 50 classrooms and school clubs in Culpeper County, which reached almost 4,300 students in grades K- 12<sup>th</sup> grades.

Curriculums instructed throughout the 2014-15 year included:

- Project Butterfly Wings
- How To Grow A Pizza
- School Gardening
- Embryology
- Nutrition
- Character Counts
- Smart Choices For Smart Kids



These are just a few of the options that can be taught in your classroom. There are many options to choose from based on grade levels and SOL requirements. School enrichment programs range in a variety of time lengths to fit the need of your class schedule. Many classes are scheduled for this school year. Don't miss out on all the hand-on experiences and fun opportunities that 4-H can bring into your classroom. Contact JoAnna at [jlclark@vt.edu](mailto:jlclark@vt.edu) or 540/727-3435 today to discuss curriculums, set up a meeting to discuss options and much more!



October is coming and that means that it is time to begin a new 4-H club year. If you have been thinking of joining 4-H now is a great time to join in on the fun! There are currently 14, 4-H clubs in Culpeper County that range from livestock, horse, dog, shooting sports and Cloverbuds (ages 5-8). 4-H has something for everyone and plenty of fun for the entire family. There is also a Homemaker's (ages 7-12) Workshop club. Don't wait another minute...join TODAY!

**CULPEPER 4-H CLUBS**

Beef Club	Todd & Marcie Smith	(540) 399-9736
Udderly Best	Michelle Carlson	(540) 219-4205
Hunter Horse	Oliver Brown	(540) 547-2810
	Tracy Gill	(540) 854-8412
Rixeyville Riders	Kim Parker	(540) 825-6460
<a href="http://www.rixeyvilleriders.com">www.rixeyvilleriders.com</a>		
Sheep Club	Melissa Gough	(540) 948-4458
With Camelid Companions	Taylor Biche	(540) 406-1874
Greater Piedmont Sheep	Ann Compton	(540) 937-5668
Town & County Critters	Laurie Hughes	(540) 825-0865
Swine Club	Sean Somerville	(540) 825-7166
	Alex O'Dell	(540) 422-7711
Dog Club	Theresa Richmond	(540) 547-2958
Homemakers Workshops	Extension Office	(540) 727-3435
Cloverbud Club	Kellie Bennett	(540) 718-1060
Cedar Mountain 4-H	Glen Waleska	(540) 347-0998
Shooting Sports		



**FAMILY AND CONSUMER SCIENCES**

Becky Sheffield, FCS Agent – Culpeper, Fauquier and Rappahannock  
Clare Lillard, FCS Agent – Orange, Culpeper and Madison

**Saturdays at the Farmers Market**

Join Brenda Watkevich, Program Assistant, Family Nutrition Program, at the Culpeper Downtown Farmers Market for recipes and ways of eating healthier. The event will be held the first Saturday of the month, beginning in August and continuing until November. The start time is 8:00am and will continue while supplies last.

For more information, contact Brenda Watkevich, Program Assistant, Family Nutrition Program, at 540-727-3435 ext. 348 or [bwatkevi@vt.edu](mailto:bwatkevi@vt.edu).

**Parenting Classes**

Being a parent is hard work. Sometimes you just want to know how to handle the challenges your children present to you. Attend a **S**ystematic **T**raining for **E**ffective **P**arenting (STEP) class and you will learn how to develop your "parenting toolbox" that will assist you in raising your children.

In a STEP class, parents will learn about the following:

- Understanding your child's behavior
- Building self-esteem for the entire family
- Disciplining your children
- Helping your children to learn to cooperate
- Communicating with your children



**Family and Consumer Sciences (continued)**

The class is conducted during six sessions that meet weekly for two hours each time. Classes are designed for parents of school-aged children who are ages 6 to 12 years old, but the skills learned can be used with a child of any age.

The next session will be held on Monday evenings starting on September 21. Classes will continue on Sept. 28, Oct. 5, 12, 19 and 26. Sessions are from 6 to 8 pm at the Culpeper Extension Office, 101 S. West St., Culpeper.

Registration deadline is September 14 and there is a fee of \$30 person or couple. For more information, contact Becky Sheffield, Extension Agent, FCS at 540-727-3435 ext. 344 or [rebes13@vt.edu](mailto:rebes13@vt.edu).

**Simple Ways to a Healthier You**

Ever want to eat better and move more but just do not know where to start? Come to the "Simple Ways to a Healthier You" workshop and learn easy ways to eat, cook, and shop healthier. The workshop will focus on quick and easy meals and snacks, how to eat on a budget, and making sure food tastes good. We will also share ways that you can include movement in your day. All ages are welcome.

The workshop will be held on November 10, 5:30 to 7:30 pm, at the Culpeper Extension Office, 101 S. West Street in Culpeper. The registration deadline is November 3 and there is a fee of \$10 per person. The class is limited to 15 participants.

For more information, contact Becky Sheffield, Extension Agent, Family and Consumer Sciences at 540-727-3435 ext. 344 or [rebes13@vt.edu](mailto:rebes13@vt.edu).

**Homemade Holiday Gifts**

Get in the holiday spirit by attending the "Homemade Holiday Gifts" workshop. Find out how to make kitchen gifts that are easy and creative. You will leave with recipes, gift basket ideas, and lots of inspiration for the holiday season.

The workshop will be held November 17, from 6 to 8 pm, at the Culpeper Extension Office, 101 S. West Street in Culpeper.

Registration deadline is November 10 and there is a fee of \$10 per person. The class is limited to 15 participants.

For more information, contact Becky Sheffield, Extension Agent, Family and Consumer Sciences at 540-727-3435 ext. 344 or [rebes13@vt.edu](mailto:rebes13@vt.edu).

**Make Mealtime a Family Time**

Clare Lillard, Extension Agent, FCS

Sitting down to meals as a family provides an important opportunity to model healthy eating habits for children as well as a way for family members to bond and connect.

Use the following hints from the USDA to help make your mealtime family time as well!

Start eating meals together as a family when your children are young. This way eating together becomes a habit. Due to busy schedules you may not be able to eat together every day, but try to have family meals most days of the week. Plan when you will eat together and put it on your calendar to save the date!

Make meals a group effort! Kids learn by doing! Younger children can help set the table while older children can help prepare foods and clean up. Modeling kitchen safety can also teach children what is safe and what is not! Children are more likely to try new foods that they have helped to prepare.



Prepare quick meals on busy evenings to keep the family stress level low. Try stir-fried meats and vegetables, quick soups, sandwiches, or quesadillas. You may also want to prepare part of the meal the day before. Wash and cut vegetables or fruit. Cook lean ground beef or turkey for burritos or chili. Plan ahead for busy times by preparing freezer meals or crockpot suppers to allow you time to enjoy your family.

Make your family mealtimes enjoyable. Focus on the meal and on each other. Turn off the television and put phone calls or texts on hold until after the meal. Try to make meals a stress-free time by keeping your conversations about positive topics. Involve your children by asking questions such as: What made you feel proud of yourself today? What made you laugh today? or Tell me one thing you learned today.

It takes work to bring everyone together for meals, but it's worth it because the entire family benefits! For more information on family-life related topics call the Culpeper Extension Office at 727-3435.

**FARM BUSINESS MANAGEMENT**

Peter Callan, Extension Agent, FBM

**No Farmer Is an Island**

In late May, I had the opportunity to travel with a friend to visit the farm and ranch that she grew up on, which is located 150 miles southeast of Calgary, Alberta. This is an area that has dry land farming and ranching where the stocking density is four cows per ¼-mile section (160 acres).

Within the last two months, two disasters struck a fourth generation rancher/farmer and his family who live in the area. In April 2015, this rancher and his family lost their home and all its contents due to a devastating fire. On May 1, tragedy hit again. The rancher was electrocuted and died when the booms on a crop sprayer touched an electric power line. He was 45 years old and left behind a wife and three children between the ages of five and ten. This young rancher operated a custom farming business which was an integral part of the local agricultural economy.

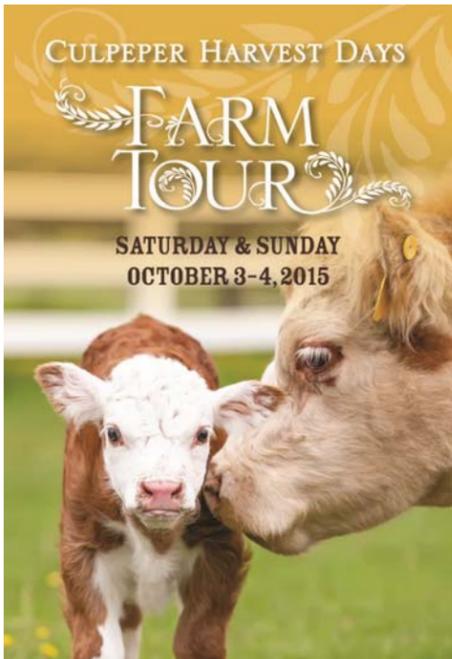
Many of the older farmers depended on this young rancher to perform custom air seeding and spraying crops as a way for them to benefit from new technology and remain in business. Currently, a neighboring farmer's son, who graduated several years ago from high school, is helping operate the farm equipment in the custom farming business. The inevitable questions of what is going to happen to all the land holdings and what will happen to the farm equipment, were frequently brought up during conversations with many local farmers and ranchers. Does the wife have life insurance to pay for the equipment and hire someone to operate the custom business? When the business was established; was a plan developed so the business could remain in operation if the owner was forced to exit due to death, disability, or unforeseen circumstances?

In the enthusiasm, hope, and excitement that accompany the establishment, expansion, and/or transfer of a business to the next generation, we forget that the best laid plans sometimes do not work out. Consequently, farmers should take actions (e.g. purchase life and disability insurance) that would enable their businesses to operate in the event that they suffer a catastrophic event which would prevent them from working on their farms.

The business exit strategy is a way for the farm owner to establish a process to preserve hard-earned equity in the business for themselves and their heirs. Remember, all farm businesses will at some point be transferred to a family member or someone else. Do you have a farm transition plan that will preserve business equity for your family members?

Farm Transition Programs will be held in Culpeper and adjacent counties on September 22 - 24, 2015. Please contact me, Peter Callan, for locations and times; [peter.callan@vt.edu](mailto:peter.callan@vt.edu) or 540-727-3435 ext. 342.





**SAVE THE DATE!** The Culpeper Office of Economic Development and the Culpeper Harvest Days Farm Tour Committee will host the 18<sup>th</sup> Annual Harvest Days Farm Tour the weekend of October 3-4, 2015, from 10:00 a.m. until 4:00 p.m. each day. Visitors of the tour will be able to enjoy the sights, sounds, smells, and tastes of the country on farms in the beautiful Blue Ridge foothills. This event is FREE and fun for all ages. It provides a wonderful educational experience and includes a variety of hands-on activities and demonstrations. There will be 17 farms and related businesses on this year's tour. Those selected to participate reflect our agricultural heritage and the millions of dollars in production, wages and salaries generated by the agricultural industry in our County and State.

The tour, a self-guided driving experience, can be started at the Welcome Center located at Culpeper Agricultural Enterprises on Route 29. The Welcome Center will play host to an antique tractor show and, on Saturday, a live poultry/small animal and equipment auction presented by Seymour Auctions. Stop by to experience this authentic farm event. Pick up your brochures and giveaways at the Welcome Center too, before you head out to meet your local farmer.

Whenever you venture out, save plenty of time to explore! This year's Farm Tour has both traditional and unique farm sites. One of the new additions to the tour is Moving Meadows Farm, a family-run, sustainable, livestock farm that provides natural meats without added hormones, antibiotics or man-made additives. Also new to the tour is Bees and Trees, a farm specializing in bees, Christmas trees, and a variety of farm animals. Or check out Waterford Run Farm and Forge, a farm that produces hops flowers for beer brewing. For those of you who love beautiful flowers and floral bouquets visit Wollam Gardens. Take an herb scavenger hunt at Morningside Farm, or learn about shitake mushrooms at Oak Shade Farm. If horses are your thing, there are a few farms to choose from that will feature team penning demonstrations, western and cow horse classes, as well as therapeutic horses. Discuss the art of winemaking at Old House Vineyards, producers of award winning Virginia wines, or learn how a distillery operates at Belmont Distillery. In addition, several of the sites on this year's Tour will offer lunch or snacks for purchase along with plants, herbs and gift shop items! There is something to delight everyone!

For detailed site information and a schedule of activities, visit the Farm Tour website at [www.CulpeperFarmTour.com](http://www.CulpeperFarmTour.com) or like us on our Facebook page at [www.facebook.com/culpeperfarmtour](http://www.facebook.com/culpeperfarmtour).

Email [lloy@culpepercounty.gov](mailto:lloy@culpepercounty.gov) or call 540.727.3410 for additional information. Mark your Calendar...October 3-4, 2015, with Culpeper Harvest Days Farm Tour. Come early, stay late and take advantage of this once a year opportunity to get up close to local agriculture in beautiful Culpeper County.



## Culpeper Fiesta 2015



**Free Fun for the Whole Family!**



Bring the family and enjoy the 12th Annual Culpeper Fiesta, Friday, September 18, from 6 -10 pm at the Culpeper Depot, kicking off Hispanic Heritage Month! Celebrate Latin American culture with tacos, pupusas, frozen treats, fresh-baked pastries, and many other tasty snacks. Be ready for that irresistible Latino beat, brought to you by Culpeper's own Harmany DJ, followed by live music by Veneno de Tierra Caliente!

All partygoers are invited to dance along with the Marie School of Ballet, as their instructor leads the crowd with high-action Zumba moves! The studio will also feature a specially choreographed number for their talented dancers to perform. The ever-popular Sycamore Park Dancers will entertain the crowd again with a Latin dance performance - always fun to see! Culpeper's own Kelly Rozwadowski leads Zumbatonic, especially geared toward youngsters. Fiesta night is great fun for children to try their hand at several free crafts.

So come out and join the fun at the Culpeper Fiesta, designed to foster cultural appreciation through music and food. Everyone is welcome ~ ¡Bienvenido Todo El Mundo!



(The Fiesta provides an opportunity for families to learn about services that are available in our community. A free Service Guide for Hispanics will be available.)



*Thank you to the employees of Columbia Gas of Virginia! Official Event Sponsor*



**Info: Marilyn Dunphy at [vadunphy@gmail.com](mailto:vadunphy@gmail.com)  
[www.facebook.com/culpeperfiesta](http://www.facebook.com/culpeperfiesta)  
[www.culpeperfiesta.org](http://www.culpeperfiesta.org)**

Try the Foothills Express Shuttle Service to Charlottesville

The Foothills Express is a handicapped accessible shuttle bus that connects Culpeper and Madison to anywhere in Charlottesville, three times a day every Tuesday, Wednesday, and Thursday. Fares are \$3 one way or \$5 round trip. Escorts for medical appointments and children under six years old ride free. Bus stops are located at Culpeper Hospital Emergency Entrance and in front of the Madison Food Lion. Reservations 24 hours in advance are required and can be made by calling 1-800-365-2868.



If you are unfamiliar with riding the shuttle bus and would like assistance, please contact Transportation Solutions Specialist Donna Jenkins at 540-829-5300 who can arrange to provide free travel training and trip planning.

Whether you have an upcoming medical appointment, want to visit friends and family, shop, dine or attend a tourism activity, consider letting the Foothills Express take you there for hassle free, affordable transportation. For more information visit [www.fams.org](http://www.fams.org) or call the FAMS One-Call/One-Click Transportation Center at 540-829-5300.

**Thank you Culpeper!**

With your support, the Town of Culpeper Trolleys assisted residents with over 25,000 trips during the first half of 2015!



The Culpeper Trolley, Culpeper County Express, and ADA Bus can get you where you need to go. Call 540-825-2456 to learn more.



**Culpeper Literacy Council** provides **free** classes for adult students including: Basic Literacy, ESOL and Citizenship, GED, and Basic Computers.

**Please call 540-825-5804 for current class information or visit our website.**

415 S Main St, Suite 204, Culpeper, VA 22701

[www.culpeperliteracy.org](http://www.culpeperliteracy.org)

Email [Laura Wood <director@culpeperliteracy.org>](mailto:director@culpeperliteracy.org)



Want to learn all about computers?

Need to learn more for your job?

**Basic computer classes** are held monthly.

Call us at 540-825-5804 to sign up.



Interested in learning English?

Beginning in September, 2015

CLC will hold classes in *two* locations:

**CLC, 415 S Main St, Suite 204**

and

**Culpeper UMC, 1233 Oaklawn Dr.**

Call us at **540-825-5804** for more information or

To register for the Fall semester.

**October is Disabilities Awareness Month**

Have you ever considered the odds are that YOU will be disabled during your lifetime? You may be the victim of an accident causing you to walk with crutches or use a wheel chair. You might acquire a disease that robs you of your ability to walk, talk, or see. You may grow old....

Disabled persons have mobility issues. They need assistance in moving from one place to another. The assistance may come in the form of a service animal that guides or helps the person in his or her daily life. The disabled might require assistance in the form of canes, crutches or walkers as they make their way. Others might need wheeled assistance in the form of wheel chairs or powered mobility scooters.

As the disabled make their way in this world, there are things we can all do to help. "What can I do to help? After all, people with disabilities get all the best parking spots." That is one of the first things each of us can do: observe where we park. The handicapped parking spaces are not as wide as regular spaces. Did you know that? When you park right against the line of a handicapped parking space you make it difficult, if not impossible, for the disabled person to exit his or her vehicle.

"How can you say that the spaces are smaller when there are those hash marked spaces between the handicapped spots?" The space between the lines (not counting the hash marked area) is one foot narrower than a 'regular' parking spot. The handicapped parking spaces with the hash marked areas are designed for those who are using vehicles equipped with accessibility ramps. Vehicles with these ramps are designed to help a disabled person who is restricted to a powered wheel chair or a scooter. Parking in any part of the hash marked area restricts the ability of these people from exiting their vehicles. Unfortunately, some of the worst offenders are other disabled people who park into the hash marked spaces rather than keeping their own vehicles between the lines.

Another area where each of us could help is by not parking or 'standing' in front of any ramps from the road surface to sidewalk level. All ramps from street level to sidewalk are placed by either a merchant, municipality, or a service provider to assist those with mobility issues to have easier access to the business, sidewalk, or service. By not blocking those ramps, you can make it easier for a disabled person to enter or exit an area.

Remember, you are one accident, one illness, or a birthday away from being a disabled person. Think about that during the upcoming holiday season.

*Culpeper County Disability Service Advisory Committee*

**Culpeper County Public Schools 2015-2016****Special Education Advisory Committee Meeting Schedule**

The Special Education Advisory Committee (SEAC) is comprised of parents of students with disabilities, older students with and without disabilities, teachers, community agency representatives, and others who care about the education of students with disabilities.

Location:

Colin Owens Conference Room Culpeper County Schools  
Central Office 450 Radio Lane Culpeper, VA

At 6:30 pm

September 17, 2015

November 19, 2015

January 21, 2016

March 17, 2016

May 12, 2016

**The disAbility Resource Center Provides Services to the Deaf and Hard of Hearing**

Do you or someone you know have trouble hearing people and understanding what they say? If so, you are not alone. Clayton Bowen, Virginia Department for the Deaf and Hard of Hearing's (VDDHH) Relay and Technology Manager, says the National Institutes of Health reports that 36 million adults say they have some sort of hearing loss, and it is one of the most common conditions facing older adults. As people age, hearing loss becomes more common and more men have hearing loss than women.

The disAbility Resource Center, located in Fredericksburg, provides deaf and hard of hearing services in the Culpeper area through a grant from the VDDHH. Services include Virginia Relay, and three programs that offer no or low cost equipment for people who are deaf or hard of hearing: the Technology Assistance Program (TAP), TAP for Veterans, and iCanConnect.

Virginia Relay is a free public service that connects people who are deaf, hard of hearing, DeafBlind, or who have difficulty speaking with others using a standard telephone. Relay services are available 24 hours a day, 365 days a year, by dialing 7-1-1 and there is no limit on the number or length of calls a user may make. There are several types of Relay services based on individual need. These include Text to Telephone (TTY), Voice Carry-Over (VCO), Speech-to-Speech (STS), Hearing Carry-Over (HCO), and Captioned Telephone (Cap-Tel). Help to determine which equipment is right for you is available from the dRC's Deaf and Hard of Hearing Outreach Coordinator.

Virginia's Technology Assistance Program (TAP) provides equipment to individuals of all ages whose disabilities prevent them from using a standard telephone. To qualify for the program, TAP applicants must be deaf, hard of hearing, DeafBlind, or have difficulty speaking. They must also be Virginia residents and meet income requirements based on household income and family size. Equipment is provided on a Loan-to-Own (L2O) basis which allows up to 30 days to decide whether to keep, exchange, or return the equipment. If, following the 30-day period, the device helps the person to communicate successfully over the phone, he or she retains ownership of the device. TAP users can apply for new equipment every four years. The dRC's Deaf and Hard of Hearing Outreach Coordinator can provide information about the devices and show individuals how to use them.

TAP is also available at no cost to military veterans and surviving family members. Applicants must have hearing or speech loss and be either a veteran with proof of an Honorable Discharge, a veteran with documentation of a service-related disability rating from the U.S. Department of Veterans Affairs, a surviving spouse or child of a veteran who was killed in the line of duty, or an active member of the Virginia National Guard who has completed the required initial active-duty service.

iCanConnect Virginia provides no-cost communications technology, along with installation, training and support, to low-income Virginia residents who are DeafBlind. The program is administered by VDDHH with the Department for the Blind and Vision Impaired. Available equipment includes screen enlargement software, screen readers, computers, signalers, Braille displays, mobile devices, and more. An iCanConnect specialist can help people identify the best equipment for their needs and provide training and support. iCanConnect ensures that low income individuals who have combined hearing and vision loss can access telephone, advanced communications, and information services. To qualify for the program, applicants must have combined vision and hearing loss to be considered DeafBlind as defined by the Helen Keller National Center Act, verification of being DeafBlind from a practicing professional who has direct knowledge of the individual's vision and hearing issues, and have an income that does not exceed 400 percent of the Federal Poverty Guidelines (FPG).

For more information on any of these programs or to schedule an appointment with the disAbility Resource Center's Deaf and Hard of Hearing Outreach Coordinator, Arva Priola, call 540-373-5890 or email [apriola@cildrc.org](mailto:apriola@cildrc.org). Website: [www.cildrc.org](http://www.cildrc.org)

\*Information for this article is from *Available Telephone Services for Older Virginians Who Are Deaf or Hard of Hearing, Age in Action*, Vol. 30, No.2, Spring 2015, a publication of the Virginia Center on Aging and the Virginia Department of Aging and Rehabilitative Services.

### Public Safety Communications Award

Our recipient for the Salem Ruritan Public Safety Recognition award night held on May 27, 2015, was Communication Training Officer/Assistant Shift Supervisor Sona Babani.

How Sona got to this point is a story of perseverance and achievement.

In 1996 in Iraq, Saddam Hussein was in power. U.N. inspectors were searching for weapons of mass destruction, and U. N. sanctions were on. Sona was 10 years old at the time. She played hopscotch with her neighbors when she wasn't in her basement hiding from gun shots. U.S. jets screamed overhead in no-fly zones. The Babani family regularly stacked giant bags of powdered milk against the windows of their home in northern Iraq to protect against stray bullets. Sona was the middle of three daughters in her family. As Christians, they worked with U.S. missionaries to deliver powdered-milk bags to neighboring villages. Her family hosted Bible studies at which some 300 people crammed into their cement home, crowding into her bedroom and spilling upstairs onto the roof. Because they worked with Americans, Iraq wasn't safe for Sona and her family and they eventually fled as part of Operation Pacific Haven, a 218-day evacuation of over 6,000 mostly Kurdish people that the U.S. government considered to be in danger. The family was sent to Guam, where they went through an expedited asylum process and settled in Denver in 1997.

Sona entered the Marine Corps on September 11, 2005, was assigned to Quantico and promoted to Corporal in December of 2007. During her military service she represented all enlisted women in the armed forces at the 10<sup>th</sup> annual women's memorial. And sang the National Anthem at the Library of Congress. She was awarded the Navy & Marine Corps Achievement Medal for superior Service.

On July 24, 2007, Sona received her Certificate of Naturalization from the U.S. Citizenship and Immigration Services.

In October 2010, Sona Babani became an Emergency Communications Officer. Sona started her career with the Culpeper County Public Safety Communications Center as an Emergency Communications Officer on October 13, 2010, and the following July, was promoted to Communications Training Officer/Assistant Shift Supervisor.

What is required for this job? You must be able to do four or five things at once while under stress and tied by a headset. You must have patience and tolerance while communicating well with others and locate information in the blink of an eye. You must be prepared to handle everything from the joy of a baby's first cry to hearing someone's last breath and then, pick up the next call. You are a team player and maintain great care and compassion for others even when it's not appreciated.

Some of Sona's calls are outstanding even with these expectations.

One evening she received a call from a young man who found his life overwhelming. He wanted to commit suicide. Sona kept the young man talking on the phone until help could arrive. I received a phone call the next day from the Police Officer involved with the call. He advised me that the young man told the hospital staff and Officers that if it had not been for Sona answering his call he would have ended his life.

An escaped inmate caused a lot of extra labor on Labor Day, 2014. Sona was the acting shift supervisor and her performance was exceptional during this event. The Center was at minimum staffing, there was a lot of radio traffic and phone calls to be made

and Sona did an excellent job of documenting the location of each Deputy/Officer in our CAD system. She had a team-mate make phone calls to have additional employees come to work and continued answering the regular day-to-day calls for service.

I received a copy of a letter that was addressed to Sheriff Jenkins from a citizen in reference to a phone call he placed on Christmas Day 2014. The citizen contacted the Culpeper County Jail first in reference to a missing person. Jail staff transferred the call to the Communications Center where Sona answered. The citizen stated in his letter "I also want to speak highly of the young lady who responded and processed my call". He went on to state his appreciation for the professionalism and helpfulness of both the Jail staff and Sona. She is to be commended for the manner in which she handled this call. Sona has proven herself as a leader and team player. Her leadership skills, maturity, professionalism, and knowledge of the Culpeper County Public Safety Communications Center have set her apart from that of her peers.

We are truly lucky to have such a dedicated person as an employee of the Culpeper County Public Safety Communications Center. And in her spare time Sona is a Volunteer Fire Fighter with the Culpeper County Volunteer Fire Department.

*William Martin*



The SBDC at Culpeper has additional small business resources available for the small business

community on a one-on-one confidential basis.

Andy Gyuris of our Middletown office consults on Social Media and Web Site Construction. Dale Maza is our Marketing expert and an appointment can be set up with him to discuss your marketing strategies. Anna Urman, PTAP Director at the Mason Enterprise Center, can give you insight into Doing Business with the Federal Government.

## SBDC Counseling Resources

Feel free to contact this office at the phone or email listed, with questions you may have on these consultant services. An appointment can easily be made by calling 540-727-0638.

The Small Business Development Center at Culpeper offers free business consulting, affordable training courses, and personal referrals to local resources, guidance, insights, and connections to help your business succeed. All services given at the SBDC at Culpeper are at no-cost and are strictly confidential.

Whether you already own a business or are planning to start one, our workshops and no-cost one-on-one consultations can help you achieve your goals. Call or email to secure your appointment.

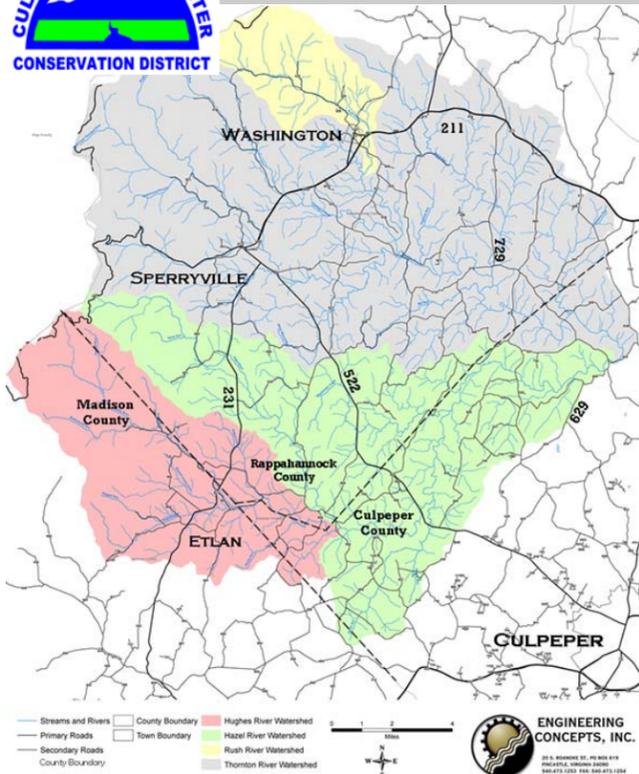
For Appointments:

Contact David C. Reardon,  
Business Counselor  
Email: [dreardon@lfsbdc.org](mailto:dreardon@lfsbdc.org)  
**The SBDC at Culpeper**  
101 Duke Street, Suite 116 |  
Culpeper, VA 22701  
PHONE: 540-727-0638  
[www.lfsbdc.org](http://www.lfsbdc.org)

The SBDC at Culpeper is funded in part by the U.S. Small Business Administration and Culpeper County and is hosted by Lord Fairfax Community College.



**TMDL Update in Hughes, Hazel, Thornton, and Rush Rivers**



Total Maximum Daily Load (TMDL) is a term used to describe the amount of a particular pollutant a stream can receive each day and still be able to attain a specific water quality standard, or level of water cleanliness. **Essentially, a TMDL is an assessment of all known sources of the pollutant and specific reductions of each source to reduce the pollutant load to the acceptable level (“the standard”).** This assessment only occurs after a stream has been officially declared as not meeting the state standard for the specific pollutant. TMDLs are then implemented through land management planning and Best Management Practices (BMP).

A TMDL has been implemented in the Rush, Hazel, Thornton and Hughes Rivers for approximately six years and continues. Over 60 miles of stream bank have been protected and applications are currently being processed. Funding continues to be available for many BMPs, most notably stream fencing, grazing management and repairs/replacements for failing septic systems. Up to 85% cost share is available for fencing projects, which includes water development.

Fifty percent cost share is available for septic repairs and replacement systems. Maintenance septic pump outs can receive up to \$150. For more information, contact 540-825-8591.

**Rain Barrels are still available for \$75 for one and \$140 for two. Call 540-825-8591 for more information.**

Culpeper County is represented on the Culpeper Soil & Water Conservation District Board by Directors Andrew Campbell and Thomas O’Halloran and Associate Director Laura Campbell.

For more information about lawn care, best management practices, reporting pollution, moving dirt, and other issues regarding soil and water conservation please contact Stephanie Rose DeNicola, Communications Specialist of Culpeper Soil & Water Conservation District at (540) 825-8591.



**WELCOME HOME BABY Support and Resource Service**

All of us feel the need for guidance when it comes to parenting. **Welcome Home**

**Baby** is free and available to provide that extra support to every parent in Culpeper County. We offer free information and referrals related to parenting. As a parent in our community, you may have questions about where to go for:

- ◇ Child Care Providers
- ◇ Child Development Information
- ◇ Parent Support Groups
- ◇ Prenatal and Parenting Classes

**Welcome Home Baby will offer you support in:**

- ◇ **Preparing** for the birth of your child.
- ◇ **Understanding** the importance of caring for yourself during pregnancy.
- ◇ **Nurturing** the relationship with your baby.
- ◇ **Planning** for your family's future.
- ◇ **Guiding** your community resources and information to meet your specific needs.

**Welcome Home Baby** wants you to know what to anticipate in the upcoming birth of your child, and we want you to feel successful as a new parent.

**Families First/Healthy Families Culpeper consists of three separate programs**

**HEALTHY STEPS**

**Home Visitation Program**

Healthy Steps is a program that supports new and expecting parents. We provide support and information which is helpful in raising a healthy child. Healthy Steps is a free, voluntary and confidential program to Culpeper County families.

**Healthy Steps:**

- ◇ Helps parents learn new and fun ways to interact with their baby
- ◇ Uses developmental tools to see how baby is growing
- ◇ Helps parents develop goals and make them a reality
- ◇ Promotes positive parent-child relationships
- ◇ Promotes healthy childhood growth and development
- ◇ Enhances family problem-solving skills
- ◇ Provides home visitation for participants who qualify
- ◇ Connects families to resources, and provides:
  - \* Parenting classes
  - \* Infant massage classes
  - \* Child development curriculum



**The P.E.P. Program Parent Education**

**3 week Parenting Class**

The next classes are scheduled for:  
 October 5, 12, 19  
 November 2, 9, 16  
 December 7, 14, 21

The 3-week session is held from 6:00-8:00 pm at UVA Culpeper Regional Hospital, 501 Sunset Lane, Culpeper, VA 22701. The class will meet in the conference room next to the Hospital's Cafeteria. Enter the main, front entrance on Sunset Lane and proceed to the left. The class is taught by Angie Via. There will be a \$15.00 charge for a parent handbook. The class is FREE! **No child care is provided.** Please call Beth at 540-321-3074 for more information about the parenting class.



P.O Box 1355  
 Culpeper, VA 22701 (540) 321-3074 Fax: (540) 727-0387

**The Art of Aging – Living Well at ANY Age**

Aging Together’s annual **Art of Aging Expo** will be held this year on Monday, October 12, from 9 am to 1 pm at the Daniel Technology Center.

This free event showcases a range of local services that can help people of any age grow older in the happiest most healthful comfortable way possible.

When you attend the **Art of Aging Expo** you will find 50 or more exhibitors sharing information from eating well and home health care to adopting senior pets, resources for family caregivers, massage, fun and more! There are also presentations on the hour with the opportunity to listen, learn, and ask questions about a number of healthy aging topics. Where else can you find all this with giveaways, door prizes and health screenings in one easy to reach location?

Wondering if you are the “right” age to visit the Expo? People 50 and older will find plenty of useful resources tailored specifically for you. If you are caring for a family member, friend or neighbor, this is the place to find out more about how to help and to learn about other organizations that provide services to give you a hand or a bit of respite. For younger families it’s never too soon to start planning ahead for caring for your parents and for your own golden years.

We’re all growing older. Let’s do it well.

For more information about The Art of Aging Expo visit our website: [www.theartofaging.org](http://www.theartofaging.org). We’ll see you on October 12.



**Become a Protective Money Management Volunteer**

A volunteer based program to help citizens in need maintain financial stability.

**Make a difference in the lives of people who need you.**

Can you make sure the electric bill and phone bill is paid each month?

Can you write a check and balance a checking account?

Can you help someone who is unable to do these things?

**\*\*No out of pocket cost or donations from you\*\***  
**\*\*Online banking experience is preferred\*\***



**For more information on how to become a volunteer**

Contact: Lola Walker  
 540-825-3100 ext 3358  
 Email: [lwalker@rrcsb.org](mailto:lwalker@rrcsb.org)



**Rappahannock Rapidan**  
 Community Services



**Culpeper County Boards, Committees, and Commissions**

The Board of Supervisors has committees which make recommendations on issues in a variety of areas of community life. Perhaps you have an interest,

knowledge, or experience that is needed.

If you would like to contribute your service on a board or committee, we would like to hear from you. Please check online at [www.Culpepercounty.gov](http://www.Culpepercounty.gov) or call the Administrative Office at 540-727-3427 for an application or with questions about a position or committee. All interested parties who live in Culpeper County are encouraged to apply at any time.

Some seats become available during the year due to resignation. Applications for these seats are reviewed during the year. Most committees have terms ending December 31. The deadline for these applications is October 2, 2015. The Board of Supervisors makes appointments during closed session at a subsequent meeting. Applicants are notified as soon as possible after decisions are made.

Applications are now being sought for these **immediate openings**:

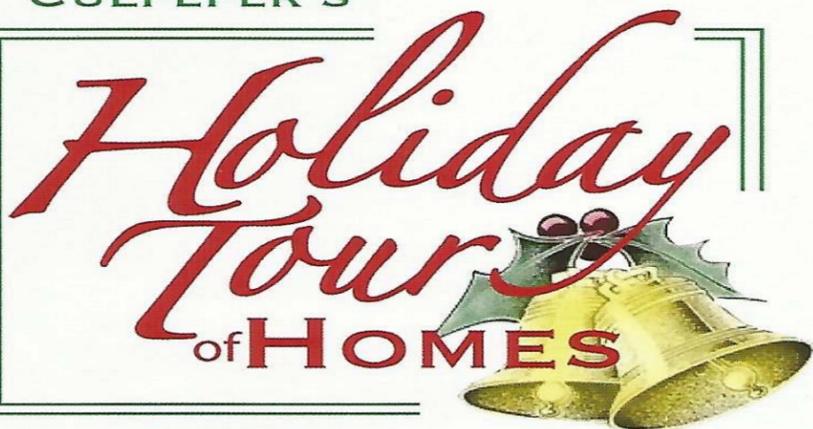
- ONE AIRPORT ADVISORY COMMITTEE
- ONE JOINT BOARD OF BUILDING CODE APPEALS (Alternate)

Seats coming open December 31, 2015 are as follows:			
Committee	Seats	Committee	Seats
Agricultural and Forestal District Advisory	3	Airport Advisory	2
Animal Welfare Advisory	2	Culpeper Economic Development Advisory Commission	1
Disability Service Advisory	3	Human Services Board	2
Library Board (Cedar Mountain and Stevensburg)	2	Parks and Recreation Advisory (East Fairfax and Salem)	2
Planning Commission	3	RRCSB/Area Agency on Aging	1

**NOTE:** The deadline to apply for these seats is October 2, 2015.

# Save the Date

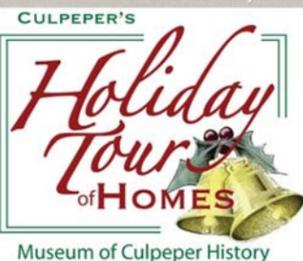
CULPEPER'S



Museum of Culpeper History

DECEMBER 5, 2015  
11:00 AM TO 4:00 PM

CONTACT THE CULPEPER MUSEUM  
FOR MORE INFORMATION  
540-829-1749

Printed by KK's Printing - [www.kay-kays.com](http://www.kay-kays.com)

The planning for the 2015 Culpeper Holiday Tour of Homes is under way! The Tour of Homes has always been highly anticipated in years past, but without the commitment and dedication of our homeowners and volunteers we would not be able to plan, organize, or showcase these lovely homes.

It has been a number of years since the last tour was conducted. The objective has always been to help promote tourism, history, and the preservation of our town's very rich heritage. This year we will feature homes on West St., Park Ave., Blue Ridge Ave., and Asher St.

The South East Neighborhood watch (SENW) of South East Street in Culpeper began the Tour of Homes in 1993 with the intent to share the **history of our community and highlight the beauty of these wonderful homes** in Culpeper. In the past the Tour of Homes has been organized under the SENW, which now falls under the Culpeper Museum, proceeds will assist in maintaining the continued success of the museum. We hope you will "Save the Date" and join us December 5, 2015!

*Felecia Chavez, Culpeper Holiday Tour of Homes Chairman*

## The Museum of Culpeper History

*Lee Langston Harrison, Director*



The invigorating days of fall are almost here, and it's a great opportunity to "discover" Culpeper's long and varied past. Start your exploration at the Museum of Culpeper History, and get oriented to over 265 years of history. The Museum, now in the historic train depot on Commerce Street, entertains, educates and excites visitors of all ages with displays, exhibits, and special activities.

Fall at the Museum is filled with special events, programs, and tours. Throughout Culpeper there is a rise in tourism – and the Museum, working hand-in-hand with the Department of Tourism, Culpeper Renaissance, Inc., and the Chamber of Commerce helps get travelers oriented to the Town and County. A visit to the Museum guarantees that visitors learn why Culpeper is such a unique place.

New donations and loans are on view this fall, from a petrified whale vertebrae, a watercolor of Greenwood by Frances Grimsley, to a portrait of George Wallis by local artist, John James Porter.



Petrified whale vertebrae, found in Culpeper County at Manahoac camp site.

Donated by Ed White in 2015.

Come to the Museum for the following events:

- September 2: 10:30-11:30am: WeeOnes at the Museum
- September 4<sup>th</sup>: 5:30-7:30pm: Libations at the Depot
- October 3: 5:30-9:30pm: History Alfresco XI at Bull Run Hunt Club
- October 7: 10:30-11:30am: WeeOnes at the Museum
- November 4: 10:30-11:30am: WeeOnes at the Museum
- November 6: 5:30-8:00pm: 2nd Annual "History's Happenings" at Prince Michel
- November 22: 12-5pm: Annual Downtown Holiday Open House
- December 2: 10:30-11:30am: WeeOnes at the Museum
- December 5: 10-5pm: Holiday Tour of Homes on West Street and surrounding neighborhoods
- December 27-30<sup>th</sup>: 1-5pm: Annual "Get Your Guests the Heck out of the House" week at the Museum

The Museum is open daily, Monday through Saturday 10-5pm, and Sundays 11:30-5pm. There is no admission charge for children or Town and County residents. For more information, contact the Museum at 540-829-1749 or go to [www.culpepermuseum.com](http://www.culpepermuseum.com).

### Culpeper County Board of Supervisors would like to announce:

There is an opening on the **Airport Advisory Committee**.  
To apply, visit [www.culpepercounty.gov](http://www.culpepercounty.gov)  
Or call 540-727-3427

Nominations are being sought for Culpeper Colonel. Please nominate any citizen who has gone above and beyond the call of citizenship in service to Culpeper County and/or its citizens. Please call 540-727-3427 for a nomination form.

## CULPEPER COUNTY REGISTRAR

**REGISTRAR'S OFFICE PREPARES FOR BUSY ELECTION SEASON**

*Are you ready?*

You don't have to drive far around Culpeper County these days to know there's an election coming up this fall. Like wildflowers in the spring, candidate campaign signs have started to pop up everywhere and now dot the landscapes of our busiest Town streets and our most rural County roads. (And we still have a few months left to go!)

After Election Day, **November 3**, the signs will disappear and some residents may wonder what the fuss was all about. *Will you be one of them?* We hope that you won't!

Take the time now to make sure your Voter Registration is up-to-date and that you know where you'll be voting on Election Day (or earlier if you're going to be voting absentee). We've made it easy to do both with our website: [www.voteinculpeper.info](http://www.voteinculpeper.info).

Here are a few dates to keep in mind as Election Season gears up:

**Sept. 18** – Absentee voting begins. Once again, we will offer in-person absentee voting at our offices located on the **second floor of 151 N. Main St.** If you can't make it in, you can always call the office at **540-825-0652** to request an application or visit the website to download one.

**Oct. 13** – The **last day to register to vote** (or to update your registration if you've moved). Next to Election Day itself, this is the most important day of the season. Please take the time to register, or check your registration if something has changed, before this date. You can do both at [www.voteinculpeper.info](http://www.voteinculpeper.info).

**Oct. 24 & Oct. 31** – It's no trick, our office will be open the last two Saturdays in October (including Halloween Day) from 8 am to 4 pm for in-person absentee voting. Saturday, October 31, is also the last day to vote absentee in person.

**Oct. 27** – The last day to apply for an absentee ballot by mail. We must receive your application by that day in order to mail you a ballot.

**Nov. 3** – **Election Day.** All outstanding absentee ballots must be received no later than 7 p.m.

**WHAT'S ON MY BALLOT?**

You might want to give yourself a few extra minutes when you go to vote on Election Day (**November 3**).

The ballot you'll see is a full one.

Here is a list of the races Culpeper County voters will decide that day:

- ◇ Virginia State Senate
- ◇ Virginia State Representative
- ◇ Clerk of the Court
- ◇ Commissioner of the Revenue
- ◇ Commonwealth's Attorney
- ◇ Sheriff
- ◇ Treasurer
- ◇ Directors, Soil and Water Conservation District

In addition, voters in the **Catalpa, East Fairfax, Salem, and West Fairfax** Districts will elect:

- ◇ Member, Board of Supervisors
- ◇ Member, School Board

Finally, **Town residents** will elect four (4) members to the Town Council.

**James Clements**  
**Registrar**  
**151 N. Main Street, second floor**  
**Culpeper VA 22701**  
**540-825-0652**





## 2015 Change in the Assessment of Manufactured Homes (aka mobile homes) Terry L. Yowell, Commissioner of the Revenue



In the past, all manufactured homes (aka mobile homes) were assessed by the County's Real Estate Department, along with real property, on a biennial basis. As a result of real estate assessment software changes implemented by the County Board of Supervisors, the County Real Estate Department is no longer assessing certain manufactured homes. The manufactured homes in this category of tangible personal property are those typically located in mobile home parks or those located on other private property where the owner of the manufactured home is not the exact same owner of the land. Often times, these units are not set on permanent foundations and the title is not surrendered with DMV.

Effective tax year 2015, manufactured homes, classified as tangible personal property, will be assessed by the Office of the Commissioner of the Revenue. As with all other classes of taxable property, the Office of the Commissioner of the Revenue must, by law, assess all property at current fair market value to the best of our ability for the purpose of local property taxation.

In order to provide for the fair and equitable assessment of all manufactured homes, assessed as tangible personal property, our office began using the Virginia Manufactured Housing Appraisal Guide for tax assessment year 2015. The VMHAG is published every year and provides current values based on current market sales. This is very

similar to how real property is assessed. The square footage is multiplied by the corresponding dollar figure per square foot, based on age, to arrive at the current fair market value also known as assessed value.

The assessed value will continue to display on your personal property tax bill, which you will receive in the fall, and will continue to be taxed at the real estate tax rate as adopted by the Board of Supervisors. The only difference will be for those units which have livable square footage additions added to the original manufactured home. In order to keep the assessment consistent, the addition will be valued using the same value per square foot as the original unit.

The County's existing personal property assessment software program requires us to assess the addition separately from the original unit. **This means each addition(s) will display as a separate line item on the personal property tax bill.** The addition(s) will be identified by using the same year and make of the original manufactured home but will have the word "addition" displayed in the model field of the tax bill. Using this method will allow taxpayers to be able to identify which additions are being assessed with each unit.

All manufactured homes assessed as tangible personal property will be valued based on the current sales market. Therefore you may see a difference in your tax bill. As always, if you have any questions or need our help, please contact me.

**Commissioner of the Revenue**  
151 N. Main Street, Culpeper VA 2201  
email: [tyowell@culpepercounty.gov](mailto:tyowell@culpepercounty.gov) website: [web.culpepercounty.gov](http://web.culpepercounty.gov)

### From the Sheriff



**Constitution Day** is observed each year on September 17 to commemorate the signing of the Constitution on September 17, 1787.

In 2004 under Senator Robert C. Byrd's (D-WV) urging, Congress added two new requirements in the commemoration of this Day. The first is that the head of every federal agency provide each employee with educational and training materials concerning the Constitution on September 17th. The second is that each educational institution which receives Federal funds should hold a program for students every September 17th.

The Virginia Constitution calls for five elected constitutional officers for each county and city: Treasurer, Commonwealth's Attorney, Circuit Court Clerk, Commissioner of the Revenue, and Sheriff (Article VII, §4). And it calls for each constitutional officer to take and sign an oath or affirmation: "I do solemnly swear (or affirm) that I will support the Constitution of the United States, and the Constitution of the Commonwealth of Virginia, and that I will faithfully and impartially discharge all the duties incumbent upon me as ....., according to the

best of my ability (so help me God)." (Article II, §7)

Copies of both the Constitution for the United States of America and the First Virginia Constitution hang in the front lobby of the Robert E. Peters Building with the words, "In God We Trust," all to remind the public whom we serve.

#### *Youth Sports Camps*

Culpeper County Sheriff's Office held its 2015 Summer Youth Sports Camps in June and July. The camps are designed to bring the community and law enforcement officers together to instruct children and teens in the community in football, soccer, and baseball/softball. This year each camp had about 200 or more attendees.

Funds are raised to support this program through the Annual Scott H. Jenkins Law Enforcement versus Teachers Youth Sports Benefit Basketball Game. Monetary donations were made by MD Russell Construction, Updike Industries, and Eastern View Athletic Boosters, and Chick-fil-A hosted a CCSO Youth Sports Camp Spirit Night to raise funds.

In each camp the basic fundamentals of each sport are taught to children aged 5 to 16. Each player has the opportunity to learn new skills and to improve existing ones. The goal of the camps is to teach our local youth skills for on the

field and off, with an emphasis on teamwork, sportsmanship, and respect.

#### *Back-to-School Traffic Safety*

Culpeper County Public School students returned to school on Monday, August 10, 2015, so we are asking drivers to be vigilant about school bus and pedestrian safety. The Sheriff's Office had additional deputies on the streets for the start of school conducting selective enforcement around all school zones in an effort to promote traffic and pedestrian safety.

For students who ride on a school bus, the greatest risk is approaching or leaving it. The driver who fails to stop and remain stopped until all students are clear of the road is subject to a civil penalty of \$250.

Pedestrians should be alert when crossing a street, too. Parents should teach their children to:

- cross a street at the corner or at an intersection, one with a crosswalk if available.
- look left-right-left for oncoming traffic.
- cross when clear, but keep looking left and right for oncoming traffic.
- look and listen for signs that a vehicle is about to move.

Sheriff Scott H. Jenkins  
Phone: 540.727.7520  
E-Mail: [shjenkins@culpepercounty.gov](mailto:shjenkins@culpepercounty.gov)

Culpeper County Board of Supervisors

# Culpeper Minutes

A quarterly publication



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ECRW/SS

The Administration Building ♦ 302 North Main Street Culpeper, VA 22701

[dhoffman@culpepercounty.gov](mailto:dhoffman@culpepercounty.gov)



## Guarantee Your Shirt!!

### Register NOW for the 8th Annual Culpeper Cycling Century

Register by September 6 to Guarantee your requested t-shirt size AND Save \$\$\$.

This bicycle ride has become a must-do for many cyclist, boasting great scenic beauty and back-country paved road riding in Culpeper County during the most colorful season - Fall! Choose from 35, 65, or 100 miles. First 500 participant will get a long-sleeve event shirt. Register by 9/6 to guarantee your requested size. After 9/6, sizes first come first serve.

*All proceeds go to the Culpeper Recreation Foundation, a local non-profit.*

[www.CulpeperCyclingCentury.com](http://www.CulpeperCyclingCentury.com)

\$35 for 35 mile; \$45 for 65 or 100 mile (until 9/6/15—price increases on 9/7/15)



*Saturday, October 3rd, 2015*

*Group Start at 8:30am*

*Start / Finish at The Bike Stop*

[Parks@CulpeperCounty.gov](mailto:Parks@CulpeperCounty.gov) 540-727-3412 ext 5