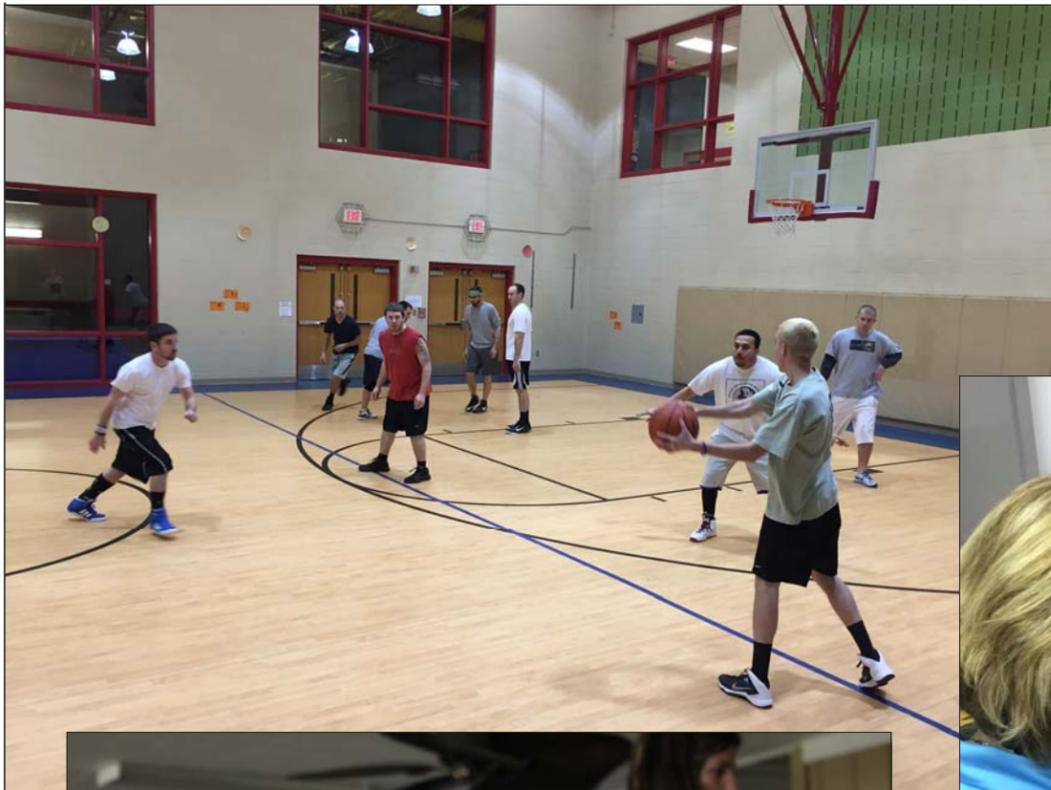


# Recreation Guide Pull-Out

## September—December 2015

**Registration  
Opens Online  
August 21**



Culpeper County Parks and Recreation



[CulpeperRecreation](#)

[www.CulpeperRecreation.com](http://www.CulpeperRecreation.com)

[Parks@CulpeperCounty.gov](mailto:Parks@CulpeperCounty.gov)

[www.facebook.com/CulpeperRecreation](http://www.facebook.com/CulpeperRecreation)



**Fall Schedule**

**ARTS & CRAFTS**

**CAKE DECORATING BASICS**

Ages 10-adult, 2days  
 This class will show the basics of cake decorating, from icing to borders to roses. All supplies are included (icing, decorating bag, tips, and practice sheets). First class will go over techniques and practicing; second class will be spent decorating a cake to take home.  
*Instructor:* Tabitha Riley  
 Lenn Park Pavilion, 18063 Stevensburg Rd  
*Register By:* 10/23 #4610.0034  
 Tu 11/3-11/10 5:30-8:30p \$75

**ART JAM: LET'S DRAW**

Ages 6-12, 4wks  
 Learn to draw what you see and what's in your imagination! This class will focus on fun and creative expression, and the projects will change every session. Miss Kelly will guide students through drawing exercises and tailor the class to be appropriate for each child's age, interests, and abilities. Sketchbook assignments will be included, and all supplies will be provided. **\*No class 9/26**  
*Instructor:* K Art & Design, Inc.  
 121 W. Locust St, Suite 105  
*Register By:* 9/15 #4610.0024  
 Sa 9/19-10/17\* 1:00p-2:30p \$65



**Art Jam: Drawing for Adults**

Ages 18-adult, 4wks  
 Have you always wanted to draw but felt lost about where to start? Or have you been away from art for a long time and your skills are a little rusty? This class for adults is geared towards beginners and those who are looking to dust off their drawing pencils. If you can legibly write your name, you can draw! Kelly Rozwadowski, Bachelor's of Fine Arts, will guide students through drawing exercises and tailor the class to be appropriate for each student's interests and abilities. The class includes sketchbook assignments and group critiques. All supplies will be provided, and each student will receive a sketchbook and drawing pencils to keep. **\*No class 9/26**  
*Instructor:* K Art & Design, Inc.  
 121 W. Locust St, Suite 105  
*Register By:* 9/15 #4610.0025  
 Sa 9/19-10/17\* 3:00p-4:30p \$65

**ART JAM: ZENTANGLE**

See Leisure Learning section



[CulpeperRecreation](#)

**ART JAM: DRAWING ACADEMY**

Ages 6-12, 8wks  
 This classic drawing class for homeschooling families will focus on developing new skills and building artistic confidence. The class will work on similar projects together; however, the complexity of a student's assignment will be adjusted to best suit their abilities and interests. We'll work with both graphite and color pencil as we explore shading techniques, contour drawing, drawing from life and from the imagination. Sketchbook assignments will be included, and all supplies will be provided. Students will receive a sketchbook and a set of drawing pencils to keep. Sibling discount \$5.00.  
*Instructor:* K Art & Design, Inc.  
 121 W. Locust St, Suite 105  
*Register By:* 9/10 #4610.0032  
 W 9/16-11/4 9:00a-10:00a \$67

**ART JAM: EXPLORE PAINTING**

Ages 6-12, 3wks  
 This beginner's painting class will explore color and a variety of materials. Miss Kelly will teach students about the color wheel and the unique properties of different types of paint, including watercolor and tempera. We'll also look at the work of famous artists and style for inspiration. The class will be tailored for each child's age, interests, and abilities. All supplies will be provided, and students will receive a set of watercolors that is theirs to keep. **\*No class 10/31**  
*Instructor:* K Art & Design, Inc.  
 121 W. Locust St, Suite 105  
*Register By:* 10/20 #4610.0026  
 Sa 10/24-11/14\* 1:00p-3:00p \$65



**Kings Dominion Fall Fun Days Tickets**

\$38 each (ages 3 & up)

Only Valid on the following Dates:

Sept 25, 26, & 27

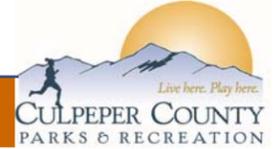
Oct. 2, 3, 4, 9, 10, 11, 12, 16, 17, 18, 23, 24, 25, 30, & 31

Must be Purchased in person at  
 155 W. Davis Street, Suite 100

Mon.-Fri. 8:30am-4:00pm (excluding holidays)

**Registration is EASY!!!**

**see page 25 - 26**



**Fall Schedule**

**GINGERBREAD HOUSE WORKSHOP**

Ages 4-adult, 1day  
 Have you wanted to make a gingerbread house for the holidays, but don't know how or didn't want to deal with the mess? Then this is the class for you. Come join Debbie Boyd, long-time crafter, she will be providing homemade gingerbread houses (already put together). All you have to bring is your imagination and decorate. There will be enough candy for the wildest of imaginations. Debbie will be close by to offer any help as needed. Photos of finished gingerbread houses will be on site for inspiration and ideas. Ages 4-6 must have adult help – (One house per parent/child pair, Additional child in the same family will be \$15; max 1 parent : 2 children)

*Instructor:* Debbie Boyd  
 Community Room, 303 N. Main  
 Sa 12/5 **Register By: 11/25**  
 Ages 4-6 9:00a-10:30a \$20 #4610.0035  
 Ages 7-adult 11:30n-1:30p \$25 #4610.0036

**HOLIDAY WREATH QUILT**

Ages 18 & up, 5wks  
 Come join Joyce Calhoun, long-time quilter, as she shows you how to make a log-cabin Holiday Wreath Quilt. Great for beginning and experienced quilters alike; however, you must have your own sewing machine and know how to operate it. **Supply List** is available online and in the Parks office.

*Instructor:* Joyce Calhoun  
 4H Conference Room, 101 S. West St.  
*Register By:* 10/8 #4610.0033  
 W 10/14-11/11 11:00a-2:00p \$49



**DANCE**

**BEGINNING BALLROOM**



Ages 16-Adult, 4wks  
 Come join professional Ballroom Dance instructor, Lee Santos, for this beginner's ballroom class. Instruction will focus on the most popular ballroom dance, the Foxtrot. Must register as a couple. **No class 10/12.**  
*Instructor:* Lee Santos  
 Location TBA  
*Register By:* 9/29 #4611.0012  
 M 9/28-10/26 6:00p-6:45p \$100 / couple

**EAST COAST SWING**



Ages 16-Adult, 4wks  
 Come join professional Dance instructor, Lee Santos, for this introduction to the Big Band era's favorite dance style – East Coast Swing. Must register as a couple. **No class 10/12**  
*Instructor:* Lee Santos  
 Location: TBA  
*Register By:* 9/29 #4611.0013  
 M 9/28-10/26 7:00p-7:45p \$100 / couple

**INTRO TO COUNTRY LINE DANCING**

Ages 13-adult, 8wks  
 Join veteran dance instructor Maggie Corradi and her husband, John, for an enjoyable evening of boot-scootin' fun! Maggie and John's infectious enthusiasm for line dancing will put a smile on your face and a hitch in your git-a-long. No experience necessary, just pull on your jeans and your boots, and leave your cares behind. This isn't just for the ladies, guys are welcome too! This class always sells out quickly, so sign up early! **No class 11/2.**  
*Instructors:* Maggie & John Corradi  
 Culpeper M.S. - Cafeteria  
*Register by:* 9/15 #4611.0014  
 M 9/21-11/16 7:00p-8:00p \$59

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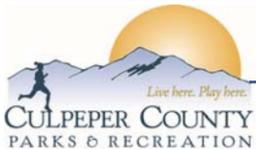
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[www.CulpeperRecreation.com](http://www.CulpeperRecreation.com)

155 West Davis Street, Suite 100  
 Culpeper, Virginia 22701

P: (540) 727-3412 F: (540) 727-2802





**Fall Schedule**

**HEALTH & FITNESS**

**ZUMBA**

Ages 13-Adult, 4wks  
Zumba combines international rhythms and interval training for a high-energy, big-fun workout! The best part – no mirrors are used! This is a great class for Women or Men who want to have a fun workout. Taught by a licensed Zumba instructor, this multi-level class will include high-and low-impact options. Please wear sneakers and bring a bottle of water and a towel. **\*No Class: Mon. 9/7, Wed. 9/23, 11/25**

*Instructor:* Kelly Rozwadowski  
Community Room, 303 N. Main

M	6:15p-7:15p	\$35
8/24-9/21*	Register By: 8/23	#3512.0034
9/28-10/19	Register By: 9/22	#4512.0050
10/26-11/16	Register By: 10/20	#4512.0051
11/23-12/14	Register By: 11/17	#4512.0052
12/21-1/11	Register By: 12/15	#4512.0053

W	6:15p-7:15p	\$35
9/2-9/30*	Register By: 8/27	#3512.0048
10/7-10/28	Register By: 10/1	#4512.0054
11/4-12/2*	Register By: 10/29	#4512.0055
1/6-1/27	Register By: 12/30	#4512.0056



**TAI CHI**

Ages 16-Adult, 4wks  
Tai Chi is a gentle, flowing, meditative-style of exercise that produces greater energy and ease for the body, mind, and spirit. This wonderful, healthy exercise is appropriate for both men and women. The most important principal of Tai Chi is to relax. Who doesn't need to relax? All levels of ability are welcome; from the person who has never taken a Tai Chi class to the 20-year veteran.

Please wear comfortable clothes that you can move in. **\*No class 11/25, 11/27**  
*Instructor:* Remi Godlewski  
Community Room, 303 N. Main

W	2:30p-3:30p	\$35
9/2-9/23	Register By: 8/27	#4512.0046
10/7-10/28	Register By: 10/1	#4512.0057
11/11-12/9*	Register By: 11/5	#4512.0058

F	2:30p-3:30p	\$35
9/4-9/25	Register By: 8/31	#4512.0049
10/2-10/23	Register By: 9/28	#4512.0059
11/13-12/11*	Register By: 11/9	#4512.0060

**PLANNING THAT BIRTHDAY PARTY OR FAMILY REUNION?**

Why not book the pavilion at Lenn Park? Lenn Park is an 80-acre park near Stevensburg with a picnic pavilion that seats 60-80 outside and an additional 60 inside the Activity Room with heat & a/c and a warming Kitchen.

Or, how about Spilman Park in Amissville? This 29-acre park boasts a picnic shelter that will seat 60-80.

Both parks have charcoal grills, Horseshoe pitching courts (bring your own shoes), playground(s), and walking trails.

Visit [www.CulpeperRecreation.com](http://www.CulpeperRecreation.com) & click *Parks & Facilities* for more information.

**LEISURE LEARNING**

**ART JAM: ZENTANGLE**



Ages 6-adult, 4wks  
Are you looking for a way to relax? Reduce your stress? Do you like to doodle – not draw pictures but just doodle? Then this is perfect for you! Zentangle is a wonderful tool to reduce stress, improve coordination, and connect with creativity. What is Zentangle? It is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. Kelly Rozwadowski, Certified Zentangle Teacher, will introduce the basics and guide you through the process. No experience required, but even seasoned tangles will learn something new. No drawing experience is required, if you can use a Pen - you can Zen... tangle! All supplies will be provided. **\*No class 9/26**

*Instructor:* K Art & Design, Inc.  
121 W. Locust St, Suite 105  
Sa 11:00a-12:30p \$65  
9/19-10/17\* Register By: 9/15 #4610.0027  
10/24-11/14 Register By: 10/20 #4610.0028

**INTRODUCTION TO MOVIE MAKING**



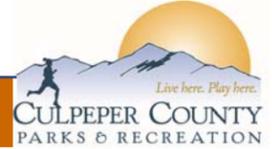
Ages 13-18, 10wks  
So you want to be an actor or film director? Then sign up and let's make a movie! This class will be fun with some great drama games to work on your acting skills, you and the other class members will come up with an idea for a movie, write the script, choose the cast from members of this class, and then film & edit the movie. Each participant in the class will get a final copy of the movie to keep. **No Class 11/3**

*Instructor:* Elizabeth Pratt  
Location TBD  
Register By: 9/9 #4613.0080  
Tu 9/15-11/24 5:00p-7:00p \$65

Culpeper County Parks and Recreation

**Registration is EASY!!! see page 25 - 26**

**Fall Schedule**



**BREATHE...  
MIND – BODY – MOVEMENT**

Ages 18yrs & up, 4wks

Are you a bit stressed, things getting too hectic, not enough energy? Are you taking time for yourself? Are you breathing? Most times our daily life finds us using so much energy that we find ourselves not only physically but emotionally exhausted. This 4-week class will be the start of a journey that will help to re-energize your mind through meditation, your body through movement, by using the very simple act of breathing. All set to music for an hour of relaxation and rejuvenation. Held indoors at the Lenn Park Pavilion.

*Instructor:* Felecia Chavez

Lenn Park Pavilion, 18063 Stevensburg Road

Register By: 9/10 #4613.0081

W 9/16-10/7 7:00p-8:00p \$60

**BASIC PISTOL COURSE**

Ages 16-adult, 1day

Come join NRA certified instructor, Jake Wood, for this one day workshop on basic pistol safety. Topics covered will include a short history of handguns, pistol parts and their functions, basic safety, how to handle misfires, loading/unloading and cleaning of revolvers and semi-automatics, sight picture, grip, and shooting technique. Class will include a written test and individual practical exercise with live fire. Upon passing of written test and practical exercise, you will receive a diploma. Bring a bag lunch. Soda & water will be provided.

Ages 16-17 must be accompanied by a registered adult. (If registering by mail, please note on form if you will bring your own pistol & type. Instructor has pistol available for use if you don't have your own.

*Instructor:* Jake Wood

3229 Colvin Road, Amissville

Sa 8:00a-4:00p \$85

9/19 Register By: 9/4 #4613.0031

10/17 Register By: 10/2 #4613.0045

11/21 Register By: 11/6 #4613.0046

12/19 Register By: 12/4 #4613.0047



**MOZZARELLA & RICOTTA  
CHEESE MAKING**

Ages 12-adult, 1day

Fall is here and what better way to rejoice than with fresh mozzarella & ricotta cheese? In this class you will discover how to make Mozzarella & Ricotta in 30 minutes or less. Participants will use dairy and store-bought cow's milk in this class. Enjoy fresh cheese without preservatives or additives year round. Multiple samples will be made during class for you to try.



*Instructor:* Hobby Hill Farm Fresh, LLC

4H Extension Office, 101 S. West St

#4613.0048

Check online for Date/Time \$40



**SOFT CHEESE MAKING**

Ages 14-adult, 1day

Looking to fresh alternatives for your foods? Let Hobby Hill Farm Fresh, LLC show you how to make your favorite dairy products using fresh or store-bought milk with just a few cultures. These foods take approximately 24 hours to make, we will show you the process from start to finish with examples of each stage of the process. **Learn to make sour cream, cream cheese, yogurt, and buttermilk.** More cheeses will be discussed and you will have the opportunity to sample all products made and even take home a few. Bring a few small containers to take home your samples.

*Instructor:* Hobby Hill Farm Fresh, LLC

4H Extension Office, 101 S. West St

#4613.0049

Check online for Date/Time \$50

**DISCOUNT!!!**  
Register for both Cheese Making classes (in the same transaction) and SAVE \$10!

**DISCOUNT!!!**  
Register for Endless Pasta & Artisan Bread Baking (in the same transaction) and SAVE \$10!



**ENDLESS PASTA**

Ages 14-adult, 1day

Did you know making Pasta at home is not only fast but super easy? Did you receive a pasta machine as a gift and are unsure how to use it? Let Hobby Hill Farm Fresh show you how easy it is to make 3 fresh pasta dishes at home with ease. This is a great class to take before investing in expensive equipment. Be sure to bring a few small containers to take home the pasta that you make.

*Instructor:* Hobby Hill Farm Fresh, LLC

4H Extension Office, 101 S. West St

Register By: 11/3 #4613.0050

Sa 11/7 10:30a-12:30p \$40



**ARTISAN BREAD  
BAKING BASICS**

Ages 14-adult, 1day

Bread is a basic staple in most Americans' lives. Come join us to learn our techniques for artisan bread baking. We will use a Dutch Oven, Pizza Stone, and Baking Pans to create tasty loaf after tasty loaf in just minutes a day. Additionally, each person will receive a 6 qt. bread making vessel, and two bread making kits (flour, salt, yeast and some sour-dough culture) to take home.



*Instructor:* Hobby Hill Farm Fresh, LLC

4H Extension Office, 101 S. West St

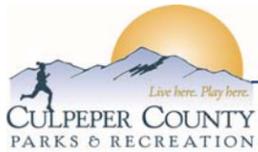
Register By: 11/3 #4613.0051

Sa 11/7 1:30p-3:30p \$45



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Culpeper County Parks and Recreation



## Fall Schedule

### PAWS & HOOFS

#### JUST FOR FUN! DOG OBEDIENCE...

Is just what it sounds like...Fun! Whether your dog is 12 weeks old or 12 years old it's never too early (or too late) to help them become the best companion that they can be. The time you spend with your dog helping them become mannerly friends should always, and most importantly, be Fun. Instructor and Certified AKC and TDI evaluator, Betty Ann Howell, emphasizes positive reinforcement through the use of praise, treats, and toys, and the importance of having fun with your dog. So sign up Fluffy or Fido and let's have some Fun! (If registering by mail, please note on form name, breed & age of dog)

**Handlers: ages 7yrs-adults;** (ages 7-15yrs must have an adult remain on site).

#### JUST FOR FUN: S.T.A.R. PUPPY KINDERGARTEN

Ages: Puppies 3-12 months; 7 wks  
Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training, using positive reinforcement. We will focus on Attention, better Behavior, and Communication through verbal & visual cues. S.T.A.R. stands for what your puppy needs - Socialization, Training, Activity, and a Responsible owner. In class you and your puppy will work on sitting, staying, coming, walking on a leash, and most importantly, having fun! The AKC S.T.A.R. Puppy is an exciting program designed to get dog owners and their puppies (up to 1 year old) off to a good start. .

**Instructor:** Betty Ann Howell  
Community Room, 303 N. Main

**Register By:** 9/9  
Tu 9/15-10/27 \$95  
11:00a-12:00n #4614.0052  
5:30p-6:30p #4614.0053

#### JUST FOR FUN: BEGINNING MANNERS I

Ages: Dogs 5 months & up, 7 wks  
Bring Fido or Fluffy out to this class where he/she will learn basic cues and enjoy socializing with other dogs. This class is for the dog just starting to learn or for the dog that knows a few cues but isn't quite ready for the Canine Good Citizen class yet. Cues that are focused on are: sit, come, down, stay, walking on a leash without pulling, and general good manners. Any dog, whether they're a 5 month puppy or a 15-year-old senior can attend.



**Instructor:** Betty Ann Howell  
Lenn Park Pavilion, 18063 Stevensburg Rd  
**Register by:** 9/11 #4614.0054  
Th 9/17-10/29 5:45-6:45p \$95

#### INTRODUCTION TO RALLY

Ages: Dogs 5months & up, 7wks  
**Prerequisite:** Dogs should have previous obedience training and a good understanding of Sit, Stay, Down, Come, and Heel will be helpful. This class will introduce you and your dog to the basic exercises performed in Rally, a sport that will help enhance the bond you have with your dog. Rally consists of different stations where specific obedience cues are preformed, such as a sit and a down, then you & your dog move to the next station. The goal is to complete the series of stations as a team and have fun. This is a fun way to enhance the bond with your dog while improving on their obedience skills.

**Instructor:** Betty Ann Howell  
Lenn Park Pavilion, 18063 Stevensburg Rd  
**Register by:** 9/15 #4614.0055  
Sa 9/19-10/31 9:00a-10:00a \$95

#### AKC CANINE GOOD CITIZEN® & COMMUNITY CANINE®

Ages: Dogs 6 months & up; 7wks  
**Prerequisite:** Should have a good understanding of sit, down, stay, & come; STAR Puppy or Beginning Manners I is recommended.

The next step in your goal of having a mannerly dog is to help your dog earn its Canine Good Citizen (CGC) certificate! The CGC program was started in 1989 by the American Kennel Club (AKC), and is a certification that is designed to reward dogs (mixed or pure-bred) who have good manners at home and in the community. Does your dog already have the CGC? The Advanced Canine Good Citizen - Community Canine Certification - (CGCA) will also be covered in this class. (Additional class details available online).

**Instructor:** Betty Ann Howell  
Lenn Park Pavilion, 18063 Stevensburg Road  
**Register by:** 9/15 #4614.0056  
Sa 9/19-10/31 10:15a-11:15a \$95

#### DOG OBEDIENCE DISCOUNTS

- Seniors - 55 & up - 10% discount
- Adopted Dogs - 20% discount
  - must provide copy of adoption contract (discount available in person only - will not be applied after registering)
- \* Only one discount per dog per family.

#### ALL DOG OBEDIENCE CLASSES

Dog Handlers ages 7yrs-adults; ages 7-15yrs must be accompanied by an adult.

#### Please bring to class:

- A plain buckle / clip collar or harness
- 4ft or 6ft regular leash
- Small soft treats
- Bring dog's current vaccination record to first meeting.

*If registering by mail, please note on form name, breed & age of dog.*

Registration is EASY!!!

see page 25 - 26

**Fall Schedule**



**ALL RIDING LESSONS:**

All participants must wear hard sole shoes with a heel. Helmets will be provided and are required.

**PONY RIDING I**

Ages 4-6, 6wks  
 Students will learn basic position and commands. Emphasis is on building confidence and skills on horseback at the walk. Students will learn to walk, halt, and steer. Adult must lead horse & child around riding ring while child receives instruction. Only 5 students accepted.  
*Instructor:* Ironwood Farm Staff  
 10291 Homeland Rd, Rixeyville  
*Register By:* 9/8  
 Sa 9/12-10/17 \$140  
 9:30-10:00a #4614.0057  
 10:15-10:45a #4614.0058



**PONY RIDING II**

Ages 4-6, 6wks  
*Prerequisite: Pony Riding I at Ironwood Farm*  
 Emphasis is on refining skills on horseback at the walk and trot. Parent or other adult must lead horse & child around riding ring while child receives instruction.  
*Instructor:* Ironwood Farm Staff  
 10291 Homeland Rd, Rixeyville  
*Register By:* 9/8 #4614.0059  
 Sa 9/12-10/17 11:00a-11:30a \$140

**BEGINNING HORSEBACK RIDING**

Ages 7-adult, 6 wks  
 Students will learn to ride a horse independently at the walk and begin to trot, also to post and ride in 2-point position. Basic position and commands will be emphasized through fun drills and games on horseback.  
*Instructor:* Ironwood Farm Staff  
 10291 Homeland Rd, Rixeyville  
 Sa 9/12-10/17 \$170 *Register By:* 9/8  
 Ages 7-12 1:00-1:45p #4614.0060  
 Ages 13-adult 2:00-2:45p #4614.0061

**PRESCHOOL**

**ART JAM: MAKING MARKS**

Ages 1-5, 4wks  
 Mr. Tony & Miss Kelly invite you to an art play-date! Children will get started "making marks" with jumbo crayons, and adults will learn ways to encourage children and make art fun for the whole family. Siblings get a \$2.00 discount – max of 2 kids per 1 adult. **\*No class 11/27**  
*Instructor:* K Art & Design, Inc.  
 121 W. Locust St, Suite 105  
 F 10:30a-11:30a \$25  
 9/18-10/9 *Register By:* 9/14 #4615.0029  
 10/16-11/6 *Register By:* 10/12 #4615.0030  
 11/13-12/11\* *Register By:* 11/9 #4615.0031



**TODDLER TIME**

Ages 2-4, 8wks  
 Toddler Time is a fun new program to engage your little one. Miss Elizabeth will share a book, along with songs, games, and a light snack each week. The theme each week will vary and will include colors, numbers, sharing, and much more! Toddlers not potty trained must have an adult remain on site.  
*Instructor:* Elizabeth Pratt  
 Community Room, 303 N. Main  
*Register By:* 9/15 #4615.0026  
 Sa 9/19-11/7 10:00a-11:30a \$49

**RHYTHM & STRINGS**

**BEGINNING GUITAR PART A**

Ages 12-adult, 6wks  
 Have you always wanted to learn to play the guitar? Tried teaching yourself but still have difficulties? Then this is the class for you!! This class will teach you basic strumming techniques and chords to get you started playing. Must have your own guitar; if using an electric guitar, must bring an amplifier. Sign up early as space is limited!  
*Instructor:* Darcy Canton  
 Floyd T. Binns M.S., Rm 101  
*Register By:* 9/16 #4616.0008  
 Tu 9/22-10/27 6:45p-8:30p \$59

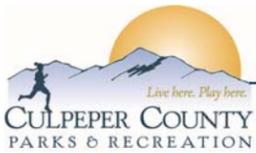


**BEGINNING GUITAR PART B**

Ages 12-adult, 6wks  
*Prerequisite:* Beginning Guitar Part A w/Darcy Canton  
 This class will continue where you left off - practicing what we've learned, adding new rhythms, getting smoother at transitions and songs. Must have your own guitar; if using an electric guitar, must bring an amplifier. Sign up early as space is limited!  
*Instructor:* Darcy Canton  
 Floyd T. Binns M.S., Rm 101  
*Register By:* 9/16 #4616.0009  
 Tu 9/22-10/27 5:30p-6:30p \$59



[CulpeperRecreation](http://CulpeperRecreation.com)



## Fall Schedule

### SENIORS

#### SILVER CLUB

Ages 55+, weekly

The Silver Club meets from 10 am—2 pm on Wednesdays. We offer a dynamic guest speaker program that includes all sectors of life from health care, recreation, authors, artists, non-profits, senior organizations, historians, musicians, government, military, and everything else in between.

Location: CCL – Meeting Room

Fee: \$9 per year Culpeper County Residents  
\$14 per year Non Culpeper Co. Resident

Ages: 55 & up

Coordinator: Marshall Conner

### SPECIAL EVENTS

#### LETTERS FROM SANTA

Make an unforgettable memory for someone special! Arrange for him/her to receive a letter directly from Santa's desk at the North Pole.

\$5 per letter. Deadline to submit request: 11/6.

Use special request form available online, in the P&R office, or by email:

Parks@CulpeperCounty.gov



This bicycle ride is fast becoming a tradition boasting great scenic beauty and paved road riding in Culpeper County during the most colorful season - Fall!

You can choose between 35 miles, 65 miles, or the ultimate challenge 100 miles of countryside roads. Rest stops are offered approximately every 20 miles. Each rest stop will have food, water, restrooms, and first aid kits.

BOX LUNCHESES will be included for the 65- & 100-mile participants.

T-SHIRTS - The first 500 participants will receive a long-sleeve event t-shirt. Participants registered by 9/4 will be guaranteed their requested size. After 9/4, sizes will be given as available.

The proceeds from this ride will benefit the Culpeper Recreation Foundation, Inc., a 501(c)3 non-profit, whose next project is to build two new playgrounds.

#### Registration Fee until 9/4/15:

35 miles: \$35;

65/100 miles: \$45

Registration Fee 9/5/15 - 9/27/15

35miles: \$45; 65/100miles: \$55

Day of race add \$5

Pre-event registration closes on Sept. 27.

Day of Event registration opens at 6:30am  
(cash/check only)



[CulpeperRecreation](#)

### SPORTS

#### LITTLE TIGERS KARATE LEVEL I

Ages 6-11yrs, 4wks

This class is appropriate for students with little-to-no previous Karate experience. The Little Tigers will not only develop a solid foundation of karate basics, but also learn and practice self-control, self-discipline, and respect. Dress code: comfortable (no denim), Karate Gi (uniform) is encouraged but not required, class is done bare-footed. Bring a water bottle. **\*No class 11/25**

Instructor: Remi Godlewski

Community Room, 303 N. Main

W 3:45p-4:45p \$35

9/2-9/23 Register By: 8/27 #4519.0041

10/7-10/28 Register By: 10/1 #4519.0051

11/11-12/9\* Register By: 11/5 #4519.0052

#### LITTLE TIGERS KARATE LEVEL II

Ages 7-12yrs, 4wks

For the Little Tigers that have taken at least 4 sessions with Sensei Remi AND earned 2 yellow stripes. In this next level, students will refine skills already learned, while they continue to develop a solid foundation of karate basics. Level II students will have the opportunity to earn their tiger stripes; rank and color belts. They will also continue to learn and practice self-control, self-discipline, and respect. Karate Gi is required. **\*No class 11/25, 11/27**

Instructor: Remi Godlewski

W 5:00p-6:00p \$35

9/2-9/23 Register By: 8/27 #4519.0042

10/7-10/28 Register By: 10/1 #4519.0054

11/11-12/9\* Register By: 11/5 #4519.0055

F 3:45p-4:45p \$35

9/4-9/25 Register By: 8/31 #4519.0049

10/2-10/23 Register By: 9/28 #4519.0056

11/13-12/11\* Register By: 11/9 #4519.0057

Registration is EASY!!!

see page 25 - 26

## Fall Schedule



### LITTLE TIGERS KARATE LEVEL III

Ages 8-13, 4wks

For the students that have achieved their yellow belt and their first green stripes or by permission of Sensei Remi. This class prepares the students for intermediate level karate techniques. Karate Gi is required. **\*No class 11/27**

*Instructor:* Remi Godlewski

Community Room, 303 N. Main

F	5:00p-6:00p	\$35
9/4-9/25	<i>Register By:</i> 8/31	#4519.0050
10/2-10/23	<i>Register By:</i> 9/28	#4519.0058
11/13-12/11*	<i>Register By:</i> 11/9	#4519.0059

### 30+ CO-ED INDOOR SOCCER

Ages 30+, 9wks

Hey guys & gals, just because it's getting dark earlier doesn't mean you have to quit playing soccer for the fall. Let's just go inside. 24 spaces are available, teams are made each week depending on the number of people that show up. Full payment is due BEFORE the first night of play. **No games 11/29, 12/27, 1/3** check online to confirm location

*Register By:* 10/27 #4519.0061

Su	11/1-1/17	5:30p-7:30p	\$50
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### MEN'S BASKETBALL

Ages 20 & up, 8wks

Hey guys, come on out and have some fun playing basketball! This is a great way to get a bit of exercise in and relieve some stress. Pre-registration is required. Registrations will not be accepted at the event. **No games 11/2, 11/3**

Yowell Elementary School - gymnasium

20yrs& up	6:45p-8:45p	\$24
Tu	9/22-11/17	
Th	9/24-11/12	
30yrs & up	6:45p-8:45p	\$24
M	9/21-11/16	
W	9/23-11/11	

### MASSANUTTEN

#### SKI & SNOWBOARD PACKAGES

The Department will again this year be selling **discounted packages** for skiing/snowboarding at **Massanutten**.

We will not receive specific details until November. Please wait until after November 1st to call. Information will be online (webpage & Facebook) and in the local papers as soon as we receive details.

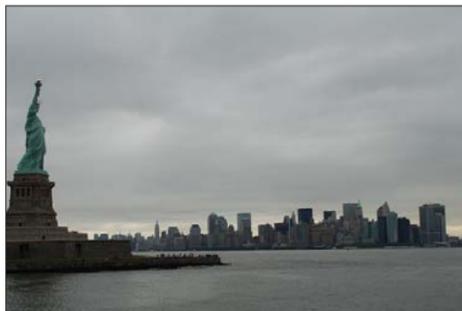
## TRIPS

### NEW YORK CITY

Ages 7yrs-Adult, 1 day

Come join us for a fun Fall Day trip to New York City. We'll get you there and bring you home using a luxury charter bus from DC Trails. While in New York you will have the day to spend on your own! See a show, go shopping, or just tour the city—**it's up to you**. Complete itinerary is available online. No refunds after 10/21/15.

Pick up / Return Location: Culpeper Sports Complex, 16358 Competition Drive  
 Pick up Time: 5:00am Saturday  
 Return time: 2:00am Sunday  
 Sa 11/14 5:00am-2:00am \$75



### THE FUN TIMES REC. GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. These are not operated by the Parks and Recreation Department. For questions, contact the person listed.

#### YOUTH SPORTS:

- Girls on the Run  
540-724-1423 [www.GOTRPiedmont.org](http://www.GOTRPiedmont.org)
- Culpeper Soccer Association –  
[www.CulpeperSoccer.net](http://www.CulpeperSoccer.net)
- Culpeper Youth Baseball -  
Jon Strang - 540-937-6073
- Rappahannock-Culpeper Baseball -  
[www.rappculpbasketball.com](http://www.rappculpbasketball.com)
- Culpeper Lacrosse Association Foundation -  
[www.CulpeperLAX.com](http://www.CulpeperLAX.com)
- Team Cobra Youth Wrestling  
Eddie Jenkins - 540-229-7823
- Culpeper Football Association -  
James Terrell - 540-222-6727
- Culpeper Football Assoc. Cheerleaders  
[www.CFA4Kids.com](http://www.CFA4Kids.com)
- Culpeper Youth Basketball -  
Greg Ward - 540-547-9188
- Culpeper Youth Rugby Club  
[CulpeperYouthRugby@gmail.com](mailto:CulpeperYouthRugby@gmail.com)

#### ADULT SPORTS:

- Adult Soccer  
[www.CulpeperSoccer.net](http://www.CulpeperSoccer.net)
- Adult Co-Ed Softball  
Michelle Owens - [mro3e@virginia.edu](mailto:mro3e@virginia.edu)
- Culpeper Women's Flag Football  
Facebook.com search cwffl

#### COMMUNITY:

- Culpeper Model Barnstormers (RC airplanes)  
Nic Burhans - [npb6218@earthlink.net](mailto:npb6218@earthlink.net)
- Blue Ridge Chorale of Culpeper -  
[www.brcsings.com](http://www.brcsings.com)
- Culpeper Blue Angels All-Star Cheer & Dance  
Kym Majors - 540-727-2087
- Culpeper Carousel (batons)  
Kim Bonner - 540-829-6444
- Culpeper Run Club  
Vivian Arenas [triarenas@gmail.com](mailto:triarenas@gmail.com)
- Verdun Adventure Bound  
[www.VerdunAdventureBound.org](http://www.VerdunAdventureBound.org)

**HELP US MAINTAIN OUR PARKS!**

The Culpeper Parks & Recreation Department Staff are very proud of the County parks that are available to the community. We do our very best to ensure that the parks are in the best possible condition at all times for YOU - the public to use.

However, there are only 5 of us - the Director, the Parks Superintendent, the Parks Technician, the Programs Supervisor, and the Office Manager, so we are not always able to visit every park every day and issues can, and do, arise overnight. Whether it's a tree limb that has fallen across a trail or graffiti vandalism on park property, unfortunately these things do occasionally occur and we want to be able to address them in a timely manner so that we can keep the parks enjoyable for everyone.

**We  
Need  
Your  
Help!**

We need your help . . . If you are visiting one of the Parks and see something that needs to be maintained, please let us know. Give us a call at 540-727-3412 ext. 4 or send a quick email to [Parks@CulpeperCounty.gov](mailto:Parks@CulpeperCounty.gov).

These are your parks too, please help us keep them safe and beautiful for your enjoyment!

The Culpeper County Parks include: Spilman Park located at 3543 Colvin Road, Amissville; the Culpeper Sports Complex located at 16358 Competition Drive, Culpeper; and Lenn Park located at 18063 Stevensburg Road, Culpeper.

For the Town Operated Parks - Yowell Meadow Park, Mountain Run Lake Park, Lake Pelham, or Wine Street Park, please contact the Town Public Works office at 540-825-0285 extension 0.

**CONNER'S TRAIL OPENS TO THE PUBLIC**

The Culpeper Sports Complex has a new recreational amenity thanks to the generous donation from Gregory and Liz Yates. On Friday, June 5, a dedication ceremony was held at the Sports Complex to officially open for public use, "Conner's Trail" in recognition of young Conner A. Yates who passed away several years ago.

The trail marker stone is located at the north end of the Park and left of the Little League baseball fields. The huge stone and memorial plaque visibly indicates the beginning of the 2 mile trail that winds its way through the park.

In time, the trail will continue to expand, connecting all ball fields, natural environmental areas and other Park features.

Not to forget, it is a pleasure to acknowledge Cedar Mountain Stone for their contribution of materials along with the trail marker stone placed at the trail head.



"In Every Walk with Nature, One Receives Far More Than One Seeks" ~ John Muir

**YOUTH SPORTS REGISTRATION**

Culpeper Youth Rugby, Spring registration begins 9/1/15, [www.cyrfc.org](http://www.cyrfc.org)



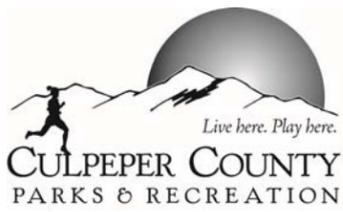
Girls on the Run (GOTR) is a transformational physical activity-based, positive youth development program for girls in 3rd to 5th grade, and is designed to develop and enhance girls' competencies to successfully navigate life experiences. The program culminates with the girls being physically and emotionally prepared to complete a celebratory 5k running event.

The Fall program season will run from September 14 thru November 20. This first season in Culpeper, GOTR will be working with girls at Pearl Sample & AG Richardson Elementary Schools only. GOTR is hoping to expand to more schools in the future.

The end of season celebratory 5K will be held on November 14 at Verdun Adventure Bound in Rixeyville.

Let's help girls celebrate their bodies, honor their voices, recognize their gifts, and activate their limitless potential.

Visit GOTR's website [www.gotrpiedmont.org](http://www.gotrpiedmont.org) for more information and to register or contact the Culpeper County Program Coordinator Kathy Butler, [kathy.butler@girlsontherun.org](mailto:kathy.butler@girlsontherun.org), 571-643-6511.



# Registration Form

**First Time Registering?**  
Please complete the ActiveNet Customer Account Form along with this registration form.

**Now Accepted!!!**  
Visa  
MasterCard  
American Express  
Discover

One household per registration form please. Photocopies of form are acceptable.

Account Main Contact Name: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_

Participant Name	Birth date	Activity Name	#	Date(s)	Time	Fee
Jane Doe	8/ 1 /1991	Sample Class	1610.0005	3/2-3/30/12	6-8p	\$5.00
	/ /					\$
	/ /					\$
	/ /					\$
	/ /					\$
	/ /					\$
<b>Total (Pay this amount)</b>						<b>\$</b>

**Media Release:**  Yes  No **Initial** \_\_\_\_\_ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

**Assumption of Risk and Release:** In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant Signature (7yrs & older) \_\_\_\_\_ Parent / Guardian Signature (if participant 17 or younger) \_\_\_\_\_ Date \_\_\_\_\_

**Customer Use - Payment Method**

Check Payment Method:  Check Enclosed \$ \_\_\_\_\_ # \_\_\_\_\_  Cash (Walk-in only)

**Credit Card:**  Visa  Mastercard  American Express  Discover

Number: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_ CCV \_\_\_\_\_

Signature: \_\_\_\_\_

I agree to pay the above total amount according to card issuer agreement

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701  
Phone: (540) 727-3412, Fax: (540) 727-2802 Website: [www.CulpeperRecreation.com](http://www.CulpeperRecreation.com)

## ActiveNet Customer Account Form

Main contact must be at least 18 years old.  
**PRINT CLEARLY**

### Main Contact Client #1 (must be adult)

Name (First) \_\_\_\_\_  
(Last) \_\_\_\_\_  
Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Sex:  M  F  
Street Address \_\_\_\_\_  
City/State \_\_\_\_\_  
Zip \_\_\_\_\_  
Allergies: \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_  
Cell Phone (\_\_\_\_) \_\_\_\_\_  
E-mail address: \_\_\_\_\_

(required for confirmations & online registration)

**Emergency Contact**  
Name: \_\_\_\_\_  
Relationship: \_\_\_\_\_  
Phone: (\_\_\_\_) \_\_\_\_\_

### Client #2

Name (First) \_\_\_\_\_  
(Last) \_\_\_\_\_  
Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Sex:  M  F  
Allergies: \_\_\_\_\_  
Same Address as Customer #1?  Y  N

### Client #3

Name (First) \_\_\_\_\_  
(Last) \_\_\_\_\_  
Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Sex:  M  F  
Allergies: \_\_\_\_\_  
Same Address as Customer #1?  Y  N

### Client #4

Name (First) \_\_\_\_\_  
(Last) \_\_\_\_\_  
Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Sex:  M  F  
Allergies: \_\_\_\_\_  
Same Address as Customer #1?  Y  N

**If address is different from Main Contact, or more than 4 family members, please include an additional sheet of paper with correct information.**

Culpeper County Parks and Recreation

## 5 EASY WAYS TO REGISTER!



### By Phone

- Call 540-727-3412 and select either extension 4 or 5. You can set up your ActiveNet Account and register for activities in one phone call. Payment must be made by credit card to register over the phone. ActiveNet customer accounts can also be set up via phone.



### By Fax

- Simply complete the registration form (and "ActiveNet Customer Account Form" if not already done) and payment information (credit cards only) and fax to 540-727-2802.



### Online

- Go to [www.CulpeperRecreation.com](http://www.CulpeperRecreation.com), then click "To View Activities." Set up your ActiveNet customer account, and you can register from the convenience of your home or anywhere you have internet access.



### Walk-In

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. - 4:30 p.m., Monday through Friday (except holidays). Cash /Check/ Credit Card



### By Mail

- Fill out the **ActiveNet Customer Account form** on page 25 with a completed registration form and payment.
- Mail to **155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.**
- Confirmations are only done by email. If you do not email and require a confirmation, please include a self-addressed, stamped envelope.

## REGISTRATION INFORMATION

### ActiveNet

- ActiveNet is the recreation software the Department has to process registrations, provide online registration, and accept credit card payments.
- To begin using this system, each household must have an account set up in order to register for any Department activities. Please complete the "ActiveNet Customer Account Form" on page 25 and fax or mail it to the Department. You can also set up your account online. This form only has to be completed once.
- Registrations cannot be processed until the "ActiveNet Customer Account Form" has been received and processed by the Department, or you have set up your account online.
- If your address, phone number, or email changes, please be sure to log in and update your ActiveNet account or call us to update your information.

### Registration:

- **Online registration begins on Friday, August 21, 2015.**
- **All other registration methods will begin on Monday, August 24, 2015.**
- Full payment must accompany registration in the form of credit card (Visa, Master Card, America Express, Discover), cash, check, or money order payable to Culpeper County Parks and Recreation.
- Registrations are accepted on a first-come, first-served basis. **Anyone can participate regardless of County of residence.**

### Register By:

- The "Register By:" date is when the Department has to have the minimum number of registrations to offer the activity. If the minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the activity is full. However, if minimum is not met by this date, the activity will not be held.

### Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline, refunds less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.
- If original payment was by cash or check, then a refund check is mailed to the address on file and it can take up to 45 days to be received.
- If payment was made by credit card, then refund will be processed to that same credit card.

### Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early for inclement weather, natural disasters or other occurrences.
- Closing announcements will be posted on: 92.5FM, 103.1FM, & 104.5FM, [www.cancellations.com](http://www.cancellations.com), [www.Facebook.com/CulpeperRecreation](http://www.Facebook.com/CulpeperRecreation) or at 540-727-3412 and select option 1.

### Adjustments

- Department staff has made every effort to prepare this section of *The Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any needed adjustments.